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March 6, 2008 | The University of Victoria's Independent Newspaper | Vol. 60, No. 25 | www.martlet.ca

Sports facilities failing

Report finds millions needed to bring buildings, fields up to snuff

David Karp

UVic's athletic facilities are so inadequate that more than $65 million is needed to make them competitive with other universities and colleges, a report says.

All of the university's athletic buildings are more than 35 years old, and haven't had major upgrades in more than a decade. The Athletics, Recreation and Physical Education Comprehensive Facilities Analysis says minor renovations "have often left unsatisfactory, and in some cases unsafe, facilities."

The report, completed in May 2007 and recently obtained by the Martlet, contains a number of recommendations. The most significant include closing the Ian Stewart Complex, building a new facility overlooking the turf fields, renovating on the McKinnon Building, and converting two grass fields to artificial turf.

The new facility would include changerooms, a 50-metre indoor swimming pool, a weight room, varsity basketball gym, instructional space and field house, with spaces for outdoor basketball and ball hockey nearby. The McKinnon Building's swimming pool would be replaced with squash and raquetball courts, while the two existing squash courts would be converted into classroom or research space.

Implementing the recommendations will cost tens of millions of dollars. The report only estimated the cost of the new building and McKinnon Building renovations, forecasting they would cost $62.1 million if completed by 2010.

The two turf fields could cost more than $5 million. Clint Hamilton, UVic's director of athletics and recreation, estimated turf fields cost between $2 million and $3.5 million each. Grass fields cost roughly $250,000 each, Hamilton said.

AHMED MUMENI FILE PHOTO

A report recommends moving the Vikes varsity gym into a new building, and calls for multi-million dollar renovations for the McKinnon Gym.

The report suggests UVic charge a $46 per semester fee to students and university staff to help pay for the facilities. That's on top of the $136 athletic fee students taking a full course load already pay.

"We would certainly go to our students and look at their support toward a new facility, because there'd be tremendous benefit there," Hamilton said. "That's something we'd have to discuss with the students, both undergraduate and graduate. Ultimately, we would want strong student support for that type of an investment."

Tracy Ho, chair of the UVic Students' Society, said she'd want the fee increase to be put to a referendum.

"That way, students would be able to have their say if they wanted to pay that extra money," she said. "If students want it, they'll come out and vote in favour of it, and it gives the university more support."

The report says UVic would save $5 million over nine years under the new plan, since the current athletics facilities cost between $400,000 and $500,000 to maintain per year.

"It wasn't a surprise to me that the maintenance costs are high," said Hamilton. "And we can expect them to be higher. It's part and parcel with aging facilities."

The report said it would cost $10 million just to get UVic's current athletic facilities up to code.

"I don't see that being an option that we would go forward on," said Hamilton. "From my perspective, looking at how we can invest that into something new makes much more sense."

Hamilton said his priority is addressing "capacity and quality issues related to fields ... gym space and other major recreational indoor space."

See *Athletics director,* p. 2

Anti-abortion posters 'manipulative'

Campus pro-life group's posters approved by UVSS but removed amid complaints

Melanie Tromp

After three years of relative calm, the UVic Students' Society's (UVSS) pro-choice policy on abortion is again making headlines after controversial posters from the society's resident pro-life group, Youth Protecting Youth (YPY), were circulated in the SUB in early February.

The posters — some of which featured images of babies with the caption "Is this the face of an enemy?" — were accidentally approved for posting by the UVSS info desk, according to both director of academics Caitlin Meggs and acting director of services Christine Comrie.

At least one dozen concerned students, including Women's Centre volunteer Lauren Warbeck, immediately brought the posters to the attention of the UVSS executive, resulting in their removal from the SUB.

"The posters were manipulative and moralistic," said Warbeck, who was not speaking for the Women's Centre.

Comrie said a personnel committee meeting may be called to reiterate the UVSS's issues policy and how it relates to postering, but Meggs said that these types of complaints are generally dealt with on a case-by-case basis.

"We want everyone to feel comfortable in the SUB and at this university," she explained.

Ratified at an annual general meeting on Oct. 26, 1989, the UVSS's policy on gender announced support for "freedom of choice in the matter of abortion." The policy also notes the society's opposition to the implementation of any new abortion law.

In February 2005, YPY attempted to amend the UVSS's pro-choice stance to a neutral, non-aligned position at a semi-annual general meeting. Members of the pro-life group said the wording in the UVSS issues policy implied that all UVic student support abortion, even though many don't.

"More than 600 students came out to that meeting to vote in favour of keeping [the pro-choice policy] in the policy manual," said Meggs.

Meggs explained that the pro-choice policy does not directly govern the actions of UVSS clubs and course unions but it does guide the perspectives and actions of the society's elected representatives.

"It's meant to guide our campaigns when we're lobbying the government," she explained.

According to Meggs, any UVSS member can challenge any policy at an annual or semi-annual general meeting. Likewise, all members of the UVSS clubs and course union council can choose to nullify the status of a group by refusing ratification at a bi-annual meeting.

YPY chairperson Madeleine Gubbels did not specify whether the group would make another attempt at amending the UVSS's issues policy, but she did state that debate on the topic is essential.

"We should be given a voice because if the killing of a human is a possibility in the argument — and there is no argument that has yet

See *Pro-life club banned,* p.2

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Athletics director wants buildings within five years

That means Hamilton won't be in any rush replace Centennial Stadium, despite a recommendation that it be converted into a field house with a renovated track and infield.

"You can look at Centennial Stadium and say you can probably apply some immediate investment on a day-to-day basis, which is the field, which is the track — perhaps some sound system and scoreboard priority," he said. "In terms of the existing Centennial Stadium structure, it's something that we're going to have to investigate."

When asked if he disagreed with the report's recommendation for Centennial Stadium, Hamilton was tight-lipped.

"I understand their opinion," said Hamilton. "I think I'd just leave it at that. I understand their opinion."

Hamilton says he'd like to see the new building, McKinnon renovations and new outdoor fields be built soon.

"I don't see this being a 10-year window," he said. "I see this certainly as being within the next five years."

Doug Nichols, director of the School of Exercise Science, Physical and Health Education, also wants UVic to act on the report.

"I'm hoping it's very realistic," he said. "But I'm not in charge of this university's financial matters. I'm mostly concerned about the academic content for our students."

Still, they aren't counting their chickens before they hatch.

"Neither Clint [Hamilton] nor I believe this is yet a done deal," said Nichols. "The final architect's plans for a building — that's no place near done yet. We're still in the process of dealing with square footage and how much we need for what kind of activities."

Hamilton said he wants UVic's facilities to be on par with buildings at UBC, Simon Fraser, Thompson Rivers University and the University of Northern B.C.

"My wish would be that whatever investments we make, our students, our staff, our faculty and our community users would have access to equal state-of-the-art facilities."

For in-depth coverage of the report, turn to the sports section or visit www.martlet.ca.

RECOMMENDATIONS

- Close the Ian Stewart Complex
- Build a new facility overlooking the turf fields
- Renovate the McKinnon Building
- Replace Centennial Stadium with a field house and renovated track and infield
- Convert grass fields near Centennial Stadium into two turf fields
- Build a clubhouse at Wallace Field with seating for up to 1,500 people
- Create a new grass field near Wallace Field
- Improve the Velox Valhallians Rugby Football Club fields
- Build three outdoor tennis courts
- Build an outdoor box lacrosse facility
- Build a beach volleyball court near Centennial Stadium

Do you get angry sometimes? Tell us about it: letters@martlet.ca

Continued from p.1

Pro-life club banned in 1999

sufficiently denied this possibility — then any other concern in this debate is secondary," said Gubbels. "Matters of life and death deserve serious consideration and open discussion."

YPY has been a club since September 1999. The group stands "for the right to life for all humanity" and receives significant event funding from pro-life lobbyist group Right to Life.

YPY's status as a UVSS club was briefly revoked by the board of directors in November 1999 after the group distributed literature that was decidedly "anti-choice."

"I think that some people feel that having a pro-life group [funded by the UVSS] is a conflict. Specifically, some women from the Women's Centre feel that everything [we do] should reflect our issues policy," Meggs said. "I think that groups should be able to organize no matter what their opinion because you usually get further if debate is allowed than if you try and squelch one side."

Warbeck disagreed, noting that pro-choice language supports all choices, including the right to carry a pregnancy to term.

Gubbels said pro-choice materials withhold information about the technical aspects of abortions and questioned the motivations behind the UVSS taking a stance on a subject that she claims the majority of the Canadian population disagrees with.

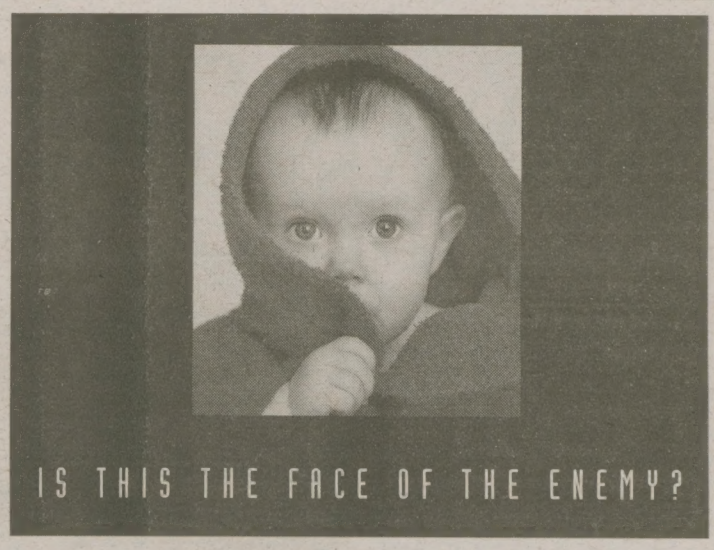
"Around Canada, we see the majority of [student unions] made up of left-wing extremists," said Gubbels.

But Meggs said there are times when it's appropriate to take a stand.

"I think 'political' is a word that people don't like anymore, but everything is political," said Meggs, noting that the SUB's firm stance on free-trade coffee is an example of an accepted political choice by the UVSS. "To say that we shouldn't take stances on things would be to say that we shouldn't have a Native Students Union, we shouldn't have a Women's Centre, we shouldn't support these political advocacy groups that are doing important work," said Meggs, adding the job of the UVSS is to make decisions the student body can get behind.

"For an organization to be progressive, advocacy work is necessary and university is a place where this work can be done," agreed Warbeck.

Meggs, Comrie, and UVSS chairperson Tracy Ho are involved with the Canadian Federation of Students' women's caucus, a group that has nominated abortion doctor Henry Morgentaler for the Order of Canada. The UVSS is participating in this campaign by distributing pro-Morgentaler buttons and pro-choice literature in the SUB.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Abortion advocates pit women against our children.
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FEMINISTS FOR LIFE OF AMERICA
feministsforlife.org

This contentious pro-life poster was accidentally approved for posting.

Other UVSS policies

- Oppose sport hunting and ban taxidermy from SUB (adopted in 1996)
- Support decriminalization of cannabis hemp (adopted in 1993)
- Support a mandatory course focusing on issues of racism, sexism, homophobia and classism (adopted in 1993)
- Support the elimination of differential fees for visa students (adopted in 1991)
- SUB is designated as a nuclear weapons free zone (adopted in 1989)

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TOP TEN

FOR THE WEEK OF MARCH 3rd, 2008

1. XIU XIU
   Women As Lovers (Kill Rock Stars)
2. VARIOUS †
   Aaargh! Annual Volume 3 (Aaargh!)
3. SOUNDTRACK
   Juno (Rhino)
4. PULLING TEETH
   Martyr Immortal (Deathwish)
5. BREAKING POINT †
   Breaking Point (Independent)
6. MAGNETIC FIELDS
   Distortion (Nonesuch)
7. BLACK MOUNTAIN*
   In The Future (Jagjaguwar)
8. LAURA BARRETT *
   Earth Sciences EP (Paper bag)
9. CAT POWER
   Jukebox (Matador)
10. NO KIDS *
    Come Into My House (Tomlab)

* Canadian artist † local artist

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Students should 'raise holy hell': Suzuki

Charlotte Barrow

"There's always someone saying, 'You're full of shit, Suzuki.' "

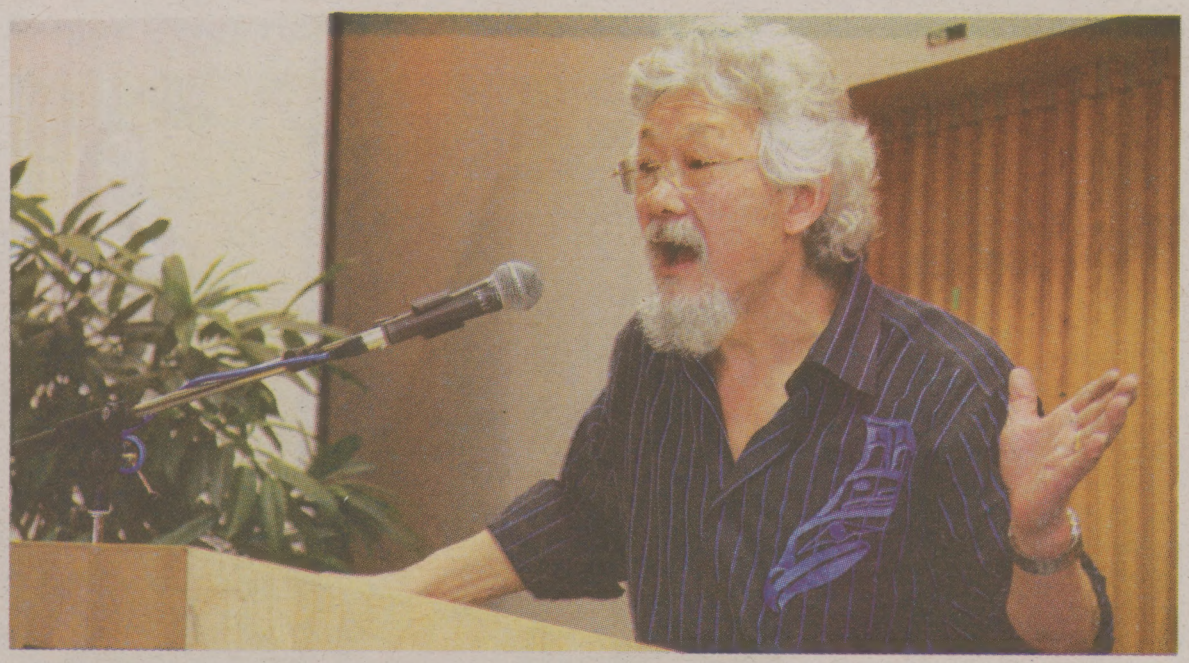
But David Suzuki is adamant that he's not full of shit — climate change is here in a big way, and he's spreading the word that it's time to take action.

Suzuki is tired of the Canadian government lagging behind on climate change initiatives, and he's bringing his message to students in 20 cities across Canada over the next month. Sponsored by the Canadian Federation of Students (CFS), the Generations Tour began at UVic on March 3 with a sold-out audience of more than 600 students crammed into the Michèle Pujol Room of the Student Union Building (SUB).

"I'm thrilled and honoured to kick off the tour here," said Suzuki, whose speech inspired students and garnered two standing ovations. "British Columbia is leading the way in North America in instilling a carbon tax."

But he said a much heavier carbon tax is still needed, noting that B.C. is the only province with a carbon tax.

With lineups spilling out of the SUB and many students turned away, Suzuki delivered a bittersweet message: although students are becoming involved in environmental initiatives, problems of poor governance, hyper-consumerism and overpopulation mean the planet's health continues to decline.



JENNIFER ZHOU PHOTO

Suzuki is touring 20 cities across Canada to motivate students to take action on environmental issues.

"Air, water and soil should be seen as our highest priorities," Suzuki said. "Instead, they're used as a dump for toxic chemicals."

Besides authoring more than 40 books, Suzuki has hosted the popular CBC science show The Nature of Things since 1960. He founded the David Suzuki Foundation, a charitable organization and research institution seeking solutions to environmental issues such as climate change, declines in fish and timber stocks, and pesticides in food.

The suggested $10 admission donations from the lecture will go toward the cost of a new covered bike rack for UVic. The school's administration agreed to match donations.

According to CFS national chairperson Amanda Aziz, the Generations Tour is intended to motivate students to take action on environmental issues, the hottest of those being climate change.

"The point of the Generations Tour is to mobilize students to press the federal government to step up their climate change initiative," said Aziz. "[We need to] send a strong message to government."

But the problem goes beyond weak governance. According to Suzuki, North American "hyper-consumerism" enables economic growth, but also contributes significantly to ecological destruction.

"[Humans] are the most numerous mammal on Earth. Just the fact that we have to be fed, clothed and sheltered, since there are six billion of us, means we have a very large ecological footprint," he said. "Kids are disconnected from the Earth. If that's the way we see the world, it's easy to think the economy's the most important thing. Economic growth has become the be-all and end-all — no wonder it's so destructive."

Suzuki believes taxes should be shifted away from income to environmentally harmful sources such as carbon emissions.

"We could reinvest [tax revenue] in transportation, energy efficiency in homes and new technology," he said.

But he said he doesn't believe the federal government is listening to the public's desire for action.

"If you're not going to vote, politicians don't care about you," Suzuki said. "I hope you raise holy hell when the next election comes."

Suzuki also identified key obstacles in the fight against climate change, blaming early media coverage for the continued debate over the gravity of climate change.

"In 1988, I thought [global] warming would kick in 50 to 100 years from now," he said. "I didn't realize it would happen so fast."

CORRECTION

The Martlet erroneously reported Feb. 28 that UVic Students' Society chairperson Tracy Ho said there was a one per cent increase to the gas tax. In fact, Ho correctly said there was a $0.01 per litre increase to the gas tax in the Capital Regional District.

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Residence advisers mull union membership

With reforms to their position on the horizon, employees met with representatives from CUPE

Tim Lindsay

UVic residence advisers (RAs) might unionize, but they want more information first.

Last week about 10 to 15 RAs met with representatives from CUPE Local 917 and CUPE Local 4163. At the meeting, the union representatives explained who they represent on campus and tried to answer RAs' questions, said Rhonda Rose, president of CUPE Local 917.

"They had a lot of questions," said Rose.

One of those questions was whether it makes sense to join a union given that many of them would be moving on to other pursuits next year.

"They are very similar to the [unionized] employees in the auditorium," said Rose. "It's their job for one year and then they move on to something else the next year."

The meeting with union reps comes on the heels of an announcement that UVic is phasing out the RA position for September, which will mean lower pay rates for some employees.

CUPE Local 917 represents other student employees such as employees of UVic's athletic and recreation department; housing, food and conference services; and Safewalk program employees.

The meeting was arranged by UVic Student's Society (UVSS) director-at-large Richard Park, who said he has simply acted as the middleman by providing the RAs with local union contacts.

"I'm here to support any student that wants support," said Park. "But at this point it's in their hands."

Because the meeting last week wasn't advertised to all RAs, a second meeting has been scheduled, this one initiated by RAs. But even those organizing the meeting haven't taken a stance on whether unionizing is the right choice for them.

Last fall, RAs organized meetings among themselves and decided to elect a five-person committee to communicate with management. But that committee was unable to develop a satisfactory relationship with management, sources say.

"I frequently try to make myself available when students (both student staff and the general population) have ideas and perspectives that they want to share with me," said Liisa Robinson, manager of residence student affairs in an e-mail. "I will listen to questions and concerns that individuals have, but ultimately I have the task of designing programs that make the most sense from a variety of perspectives."

AHMED MUMENI PHOTO

On-campus resident Tessa Taylor leaves the Tower residence building. Residence advisors are currently considering a move to unionize.

Robinson said current reforms in residence life management are the result of ongoing feedback from residents, staff, parents and others over the last couple of years.

Roughly 50 RAs currently live and work in UVic's on-campus residences. They organize social activities for new students in residence and enforce residence rules. Next year, UVic plans to replace RAs with two new positions — community leaders and community monitors.

UVic plans to hire 60 community leaders to live in residence, organize social events, and teach a course for residence students. Community leaders will have to pay for their room and board, but will get a guaranteed room within residences, to be chosen by management. They will also get a $1,000 stipend per semester.

Unlike RAs, community leaders will not have to do the stressful work of late-night monitoring and enforcement. That work will be done by 12 new employees called campus monitors, who won't live in residence. They will get paid about $6,500 per semester for 21 hours of nighttime shifts per week.

"Some of the positions have different responsibilities [than the current RA position] and we're trying to spread the money around appropriately," said Gavin Quiney, director of housing, food and conference services.

In order to unionize, at least 45 per cent of the RAs would need to sign a union card. The cards would be submitted to the Labour Relations Board who would, within the next 10 days, require that the employer allow all RAs to hold a secret ballot vote on whether or not to unionize.

If over half the employees vote to join the union, all RAs become part of the union. Once unionized, RAs would elect representatives to negotiate a collective agreement with UVic, which would need to be approved by a vote of all union members.

"[Joining a union] is their option to explore if they want to," said Quiney.

While the current RAs may not be around next year, Rose said future student employees could benefit from being in a union. They would negotiate their wages and deal with the employer as a collective rather than as individuals. CUPE requires that members pay two per cent of their wages in union dues.

"It has to be of their free will that they want to join a union," said Rose. "If they want to, I'll help them. If not, that's their choice too."

Know what's going on at UVic? Come write for our news team. Email news@martlet.ca to get involved or come to the SUB B011.

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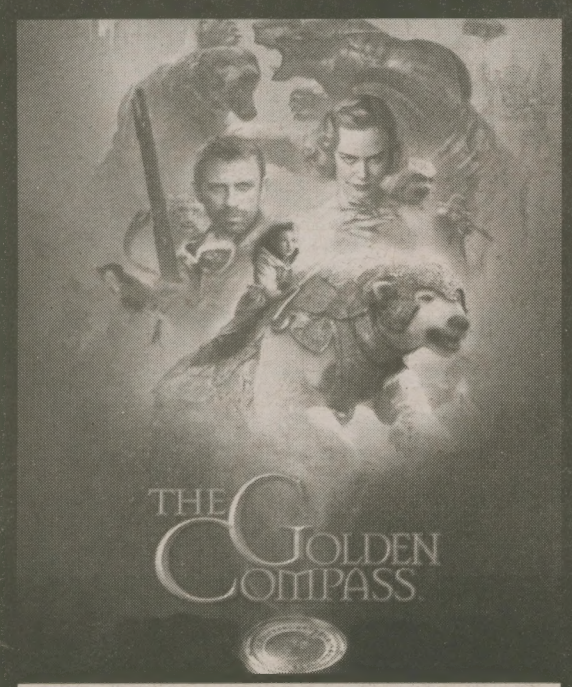

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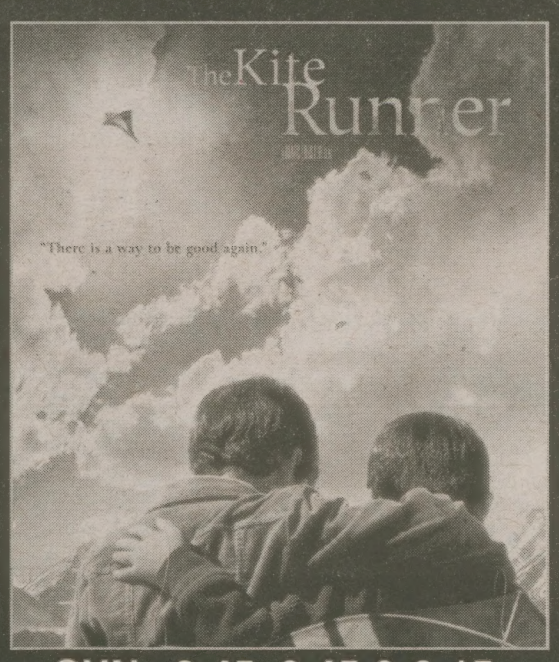

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A FACE FULL OF PI

JENNIFER ZHOU PHOTOS

George Robinson, Students for Students director of services candidate, gets pied on March 4 to promote the Order of Pi fundraiser. Engineering students raise money for the Queen Alexandra Centre For Children's Health and The Mustard Seed during the annual event that lets people donate a minimum of $10 to lay charges against a friend, who must beat the donation or face a pie. The fundraiser takes place March 10 to 14.

Cougar sighted at Mt. Doug Park

Police officer says attacks are 'really rare'

Nathan Lowther

A cougar was spotted at Mt. Doug Park on Feb. 22.

Police searched Mt. Doug Park in the area of Ash Road and Cedar Hill Road, but did not spot the animal. There are about 12 cougar sightings per year in the Gordon Head and Saanich areas, usually in March and April. Last year one was spotted close to campus, off Gordon Head Road.

"The big thing is that it is really, really rare and it should be something that's memorable, not necessarily frightening," said Saanich police Sgt. John Price. "Most people go through their whole adult life without coming face to face, or even spotting a cougar."

Cougars cover a large territory, often using farms and "forested thoroughfares" like the Galloping Goose Trail to stay hidden.

"Where there's an abundance of food, like deer and rabbit, you may come across a cougar," said Price. "It's something people should be conscious of. One, know what it looks like, and two, know how to behave if you do come face to face."

Price said cougars weigh between 45 to 90 kilograms, and that humans confronted by a cougar should act big and back away calmly. Do not run, and be careful not to corner the cat.

Cougars rarely attack adults, but there have been a few attacks in recent years in the interior of B.C.

"It's going to be an inexperienced juvenile cougar or a sick adult cougar [that attacks an adult human]," said Price.

Paying attention when in cougar territory is the best way to avoid an attack or confrontation.

"I'm a big advocate anyways of not having music plugged into your ears," said Price. "Your sight and your hearing is kind of your first line of defence, especially for a woman jogging in a heavily forested area."

Cougar sightings can be reported to the Saanich police at 475-4321. Their website contains information to ensure any cougar encounter is safe for all parties involved.

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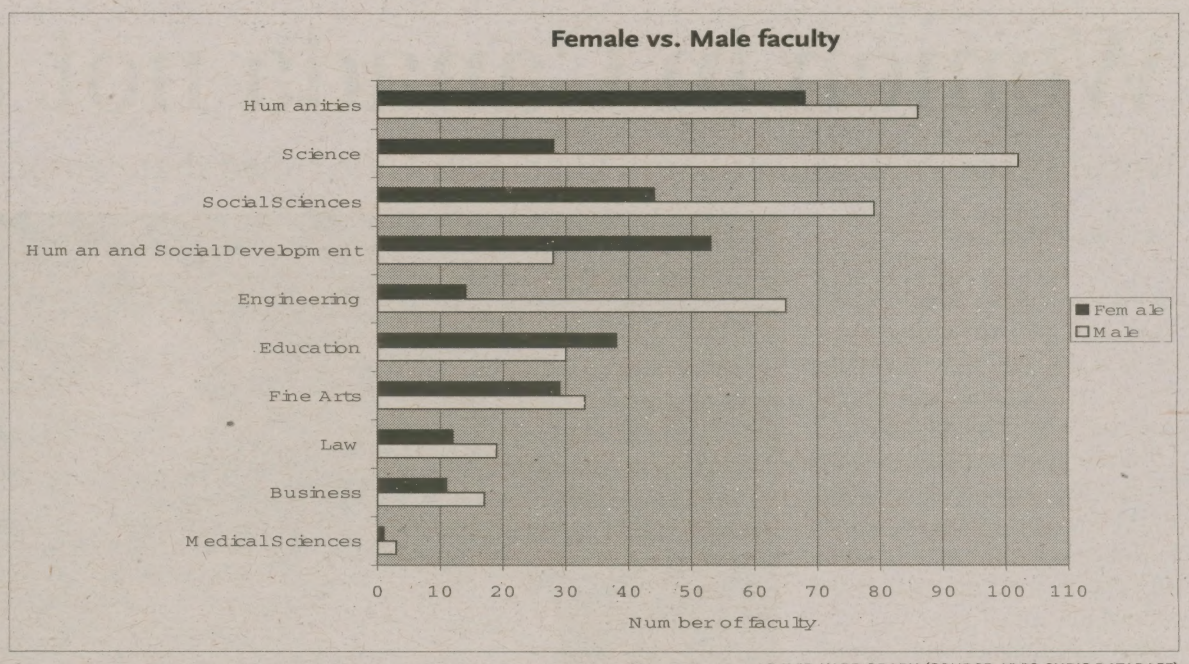
INTERNATIONAL WOMEN'S DAY



DAVID KARP GRAPH (SOURCE: UVIC CHRIS DATABASE)

In 2006-07, female faculty were outnumbered by males in all but two faculties.

A $10,000 difference

Female UVic faculty earning less than male counterparts

Feryal Ferdowsi

More than 30 years after the United Nations first celebrated International Women's Day on March 8, 1975, wages among male and female faculty at UVic continue to show inequality in the higher echelons of academia.

Looking at university employees who earn more than $75,000 per year, the average male made $104,909 in 2006 whereas the average female made $95,018 — almost $10,000 less.

Lynne Marks, a UVic history professor, said the salary difference varies between faculties, with male-dominated faculties such as computer science, engineering and business usually paying higher salaries. She said that 39 per cent of faculty members are women, an increase from 26 per cent in 1993.

Women are under-represented in associate and full professor positions, which in turn makes women under-represented in Canada Research Chairs, Marks said. She added that more women have been promoted to full professor positions recently, but many are reluctant to take demanding positions such as chair or dean due to family responsibilities.

Cecelia Benoit, a UVic sociology professor, said one of the main distinctions between genders is women's family responsibilities. Benoit noted that since working in academia requires networking, women suffer tremendously when they take both maternal and parental leave. This causes women to fall behind in both the research and the assessments that raise their wages.

UVic faculty members are evaluated on a merit system, 40 per cent of which is based on teaching, 40 per cent on research and 20 per cent on service. Marks said this gives men an advantage, because many women tend to focus more on service work and mentoring students, which the system values less than teaching and research.

"A closer look at the merit system is a way of improving these inequalities," said Marks. She also emphasized that the major area of inequality is among sessional faculty members — who earn less than $75,000 per year — among whom more than half are women.

UVic Career Services manager Jennifer Margison runs a workshop called Women and Ambitions to help graduate students establish academic careers. She said women's major concerns surround family responsibilities and childcare.

"UVic has been very eager to have women in senior positions," said Margison. But she added that women are still under-represented in senior positions at UVic and that women are coping with discrimination.

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INTERNATIONAL WOMEN'S DAY

Women in Canada not treated equally

Nobel Peace Prize winner Shirin Ebadi tells UVic crowd that democracy without empowerment is not a gift

Samantha Magnus

Nobel Peace Prize winner Shirin Ebadi laps the globe giving powerful speeches, yet she is required by law to ask her husband's written permission to travel abroad.

Thankfully, he signed the note she needed to present at UVic as part of the President's Distinguished Lecture Series March 3 to speak about women's rights in Iran and around the world.

This is just one of many terrible ironies Ebadi plays out as a woman who was forced to resign her position as the first female judge in Iran in the Islamic revolution of 1979. She continued to fight for justice and human rights by teaching at Tehran University and writing up a storm of books and articles.

In Canada she made headlines for defending the case of Canadian journalist Zahra Kazemi who was murdered in Iranian custody. UBC, Simon Fraser and many other universities have awarded Ebadi with honorary degrees.

On March 3, Ebadi spoke with great gravity, and within the confines of business suits and podiums and the formality of the cavernous Farquhar Auditorium, her words (in Farsi) radiated passion.

JENNIFER ZHOU PHOTO

Shirin Ebadi, an Iranian women's rights activist, lawyer and former judge, spoke at UVic March 3.

"Women everywhere in the world are not equal to men and are ill-treated," said Ebadi through a translator who spoke from a separate podium on stage.

Ebadi spoke of polygamy, genital mutilation, lack of education, and burning widows to their death, noting that Canadian women are unequal, despite equal legal rights.

"Key political and financial positions are held by men, and you can rarely see women in these positions," said Ebadi. For high-level representation of women, Iran is doing better than Canada. Ebadi explained that in some countries, prejudice is more subtle: women may hold seats in parliament until they speak their minds, or may get lower wages for equal work.

Ebadi would be out of the job if there was no hope for change.

"Women are in better shape where democracy is in better shape," she said. But although it helps, "democracy is not a gift," and we cannot be "dropping democracy like cluster bombs." Without empowerment, "democracy is made for men, and women get the leftovers, if anything."

There is a lesson the United States could learn.

"The American soldiers not only failed to bring democracy to Iraqis, but have also made the situation worse for women," said Ebadi. "We love Iran, we want it free and do not want it to become another Iraq."

Praised by her Nobel Prize selection committee as a "courageous person" who "has never heeded the threat to her own safety," Ebadi is a woman who, in her digging for truth, uncovered a hit list with her name on it.

"I am a Muslim, and I do believe in God, and this makes me stronger," said Ebadi about her bravery. She does not blame Islam for discrimination against women.

"The government that oppresses women is not brave enough to say, 'I am doing it,' so they try to use something as an excuse," said Ebadi. "And the excuse in Iran is the religion."

Ebadi called on the audience to let go of excuses and open their eyes to reality.

"I'll tell you what I heard today," she said, grabbing the podium and pulling herself close to the mic to recount the tale of female journalist Parvin Ardalan who was stopped by Iranian police from boarding to Sweden to receive an award for human rights activism.

"The most important thing you can do is to report to the people of the world the situation of women in Iran just as it is: not any lighter, not any darker."

NATIONAL NEWS

Police violence probe demanded

Jamie Harkins
THE CHARLATAN

WINDSOR, Ont. (CUP) — The University of Windsor is supporting an anti-racism student group in its fight with the Windsor Police Service after a predominately black party at the campus pub was violently shut down by more than 25 cops.

Lori Lewis, a spokesperson for the university, said university president Ross Paul is actively working with Students Against Anti-Black Racism to find out why police responded with such force at the "Passa Passa" party held at the campus's Basement Pub.

A heavy police presence at the party preceded numerous arrests and harsh confrontations with students.

Students Against Anti-Black Racism formed immediately following the January party and now boasts more than 100 members.

Lewis said the university has not approached the police, but takes the group's allegations of racism seriously and wants to make sure the matter is dealt with appropriately.

"We want an environment for our students to not feel discriminated against," Lewis said. "We have to listen to our students and find out what those things are, how they feel they are discriminated against, and to what suggestions they have."

Matthew Macdonald, a member of Students Against Anti-Black Racism and second-year law student, said the group decided to ask Windsor's chief of police to bring in the Ontario Provincial Police for an independent investigation because it would be impossible for the Windsor Police Service to investigate itself.

"As far as I know, we hadn't heard a response back yet," Macdonald said. "We've met with the administration a few times now. They have recognized there is a huge problem and they've endorsed our request for the Ontario Provincial Police to do an independent investigation into what occurred.

"I certainly hope it does happen. There was such an overreaction to a student event and a student event that was planned, organized, and had mostly African-Canadian students there," he added.

The university's student union is also supporting the group in its quest for answers. They're calling for an investigation by the Ontario Human Rights Tribunal, said Zach Cranny, the student union's vice-president of university affairs.

Cranny said this is the first incident of this magnitude at the pub, and encouraged students affected to file complaints against police.

"We feel that there needs to be a full public inquiry," said Cranny. "There was far too much police violence used that night."

Bright Kyereme, a third-year communications and political science student at Windsor, said he is working with the students' union to file a human rights complaint after he was allegedly beaten by several officers when he stepped in to help a friend that night.

"There were four or five of them all at once on me," Kyereme said, describing how he was kneed in the face. He claimed he was beaten even though he was not resisting.

Originally, Kyereme was told he would be charged with assaulting a police officer, then just disturbing the peace. Kyereme did not end up being charged with anything, but still spent the night in jail.

Kyereme also said that when he asked for a complaint form upon being released, police allegedly laughed at him. So he has decided to file a complaint with the human rights tribunal instead.

Nadine Fearon, a first-year student who was also at the pub that night, said no one knows why the police arrived, considering no fights took place — just a shouting match between two girls, which was handled by the pub's bouncers.

The Windsor Police Service did not return phone and e-mail messages.

This week in Martlet history

Stories from the Martlet archives

March. 6, 2003 —Advocates for women's equality criticized provincial government cuts to women's services. The BC Liberals announced in January a three-year plant to cut funding to women's centres across the province by 100 per cent. Then minister of Community, Women's and Aboriginal Services, Lynne Stephens was dubbed "Minister of Lost Causes" by the BC Coalition of Women's Centres after remarking in 2002 that "a single man and a single woman have exactly the same opportunities."

March 6, 1997 — Two companies promising fast weight loss placed ads on UVic billboards without UVSS permission during eating disorder awareness week, angering many members of UVic's female community. The ads promised a "magic" plan, offering weight loss of up to "30 pounds in 30 days." Members of both the Women's Centre and the B.C. Eating Disorder Association vigorously protested the ads, saying they perpetuated the very mindset that they were fighting. An unidentified UVSS representative responded that none of the ads had been UVSS-approved.

March 10, 1988 — Logging operations in the Stein Valley, near Lytton, B.C., were stalled pending discussions between the Lytton Indian Band, said the Minister of Forests. In early February, the Lytton Indian Band had requested a seven-month study period to search for economic alternatives to logging the Stein Valley, southwest B.C.'s last major wilderness valley.

March. 9, 1978 — At their inaugural meeting, UVic's newly-elected student society declared itself in favour of the decriminalization of marijuana. There was little debate on the resolution, which passed with only three abstentions.

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Opinions

EDITORIAL

Kiss them goodbye

With the UVic Students' Society (UVSS) election underway, many people are wondering if the Martlet will endorse any candidates or slates.

After careful consideration, the Martlet is endorsing the candidates from Students for Students. It's important to have students running the UVSS — the Martlet is very much against space aliens, bunnies or giant robots controlling what goes on in the Student Union Building (SUB). And the fact that they're working for students — not for their own pocketbooks or, worse, against students — is encouraging. Therefore, we're throwing our vote behind Amber Dujay and her entire Students for Students slate.

Our support doesn't stop there. We also endorse Team Fast because we are fans of teamwork and efficiency. Anyone running on the principle of speed gets top marks with us because covering five-hour board meetings for just one media brief sucks. Therefore, you should vote for Caitlin Meggs and her Team Fast lineup, too.

Of course, we don't want to leave out the independent candidates. Anyone brave enough to go it alone and buck the trend of a big slate is worthy of our vote. Therefore, the Martlet also endorses Stephen Beckmyer, Dylan Hardie, Ryan Levis and Ahmed Mumeni.

We endorse everyone.

There's just one problem — we just violated electoral policy. According to the UVSS electoral guidelines, "recognized on-campus groups shall be permitted to publicly endorse candidates, slates, or referendum sides only if they have first been approved by the Chief Electoral Officer and if they abide by all regulations in Electoral Policy."

Screw that. The Martlet says what it wants. We may answer to Canadian hate speech and libel laws — and sometimes our own board of directors — but we don't answer to some pompous UVSS electoral officer. Accommodating such a rule would be infringing on our freedom of the press.

We also just committed a major offense according to the UVSS electoral office: by printing the previous paragraph, we acted "substantially prejudicial toward ... the Electoral Office."

The electoral policy says our endorsement is campaigning ("communication by anybody promoting a candidate"), meaning that this issue of the Martlet is campaign material and that we've committed a number of other major offenses against the electoral policy:

• We acted "maliciously against the electoral process."

• Our 8,000 Martlets this week exceed "the poster, handbill or banned limit by more than 50 per cent."

• We campaigned off campus (by distributing this paper to local businesses).

• We campaigned within 50 metres of a polling station during polling hours (by having this paper available for pickup near polling stations).

• We campaigned in the Martlet "in ways other than letters to the editor, personal interviews concerning a candidate's nomination, or The Martlet election supplement."

• We failed to remove Martlet.ca, a site which is not approved by the chief electoral officers, from the Internet.

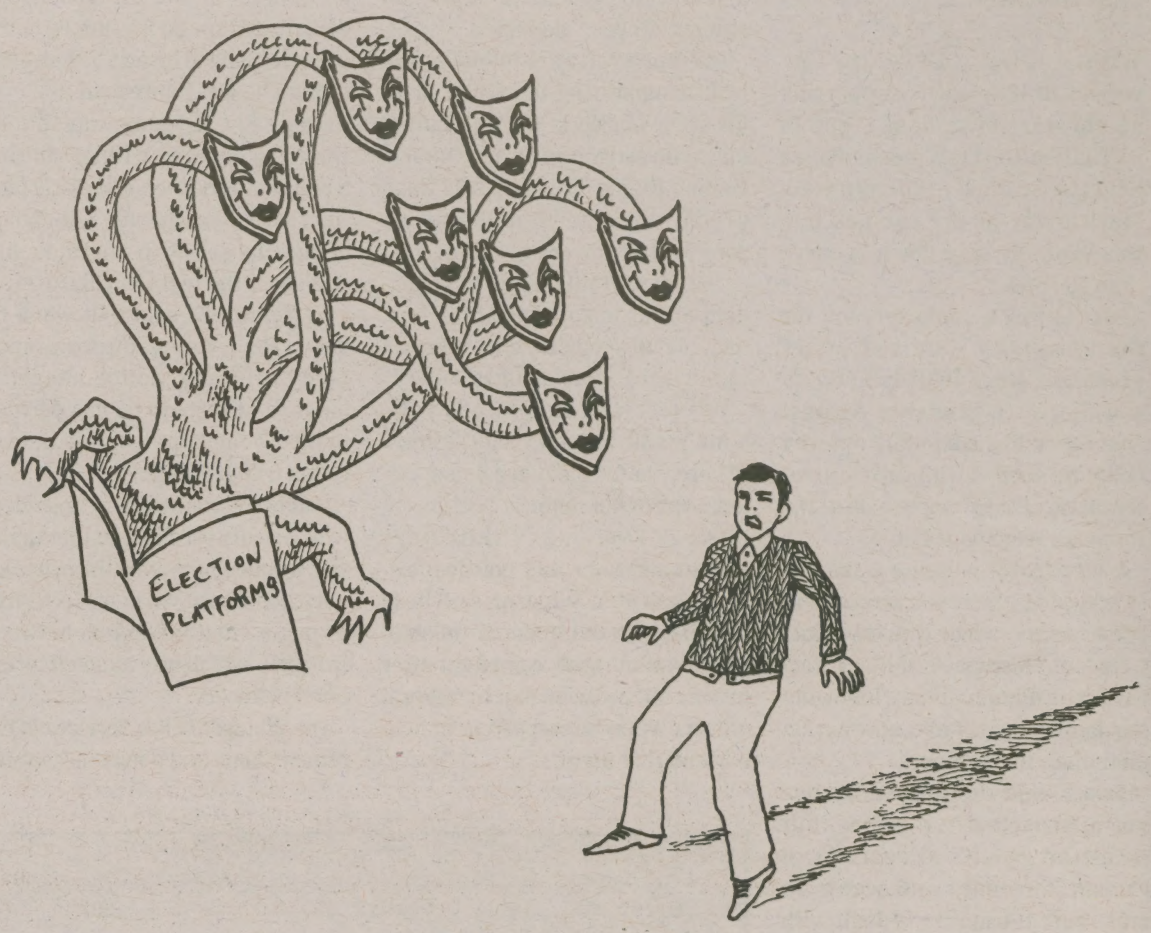
What happens to an organization that has committed seven major offences against electoral policy? The Electoral Office "shall revoke the endorsement," whatever that means.

The candidates we endorsed, meanwhile, must remove evidence of our endorsement from all campaign materials. Since the Martlet and the Martlet.ca are the campaign materials, candidates must remove thousands of copies from campus and Greater Victoria locations, as well as hack into our web site to shut it down.

If they don't? "Failure to do so will result in disqualification," the policy says. Looks like every candidate is set to be disqualified today. Perhaps this will be sufficient motivation for the next UVSS board — if and when one is formed — to reconsider its senseless electoral policy regarding endorsements.

Editorial topics and stances are decided on by staff at our weekly editorial meeting at 2:30 p.m. every Friday in the Martlet office (SUB B011). Editorials are written by one or more staff members and are not necessarily the opinion of all staff members.

ELECTIONS: AN ILLUSION OF CHOICE



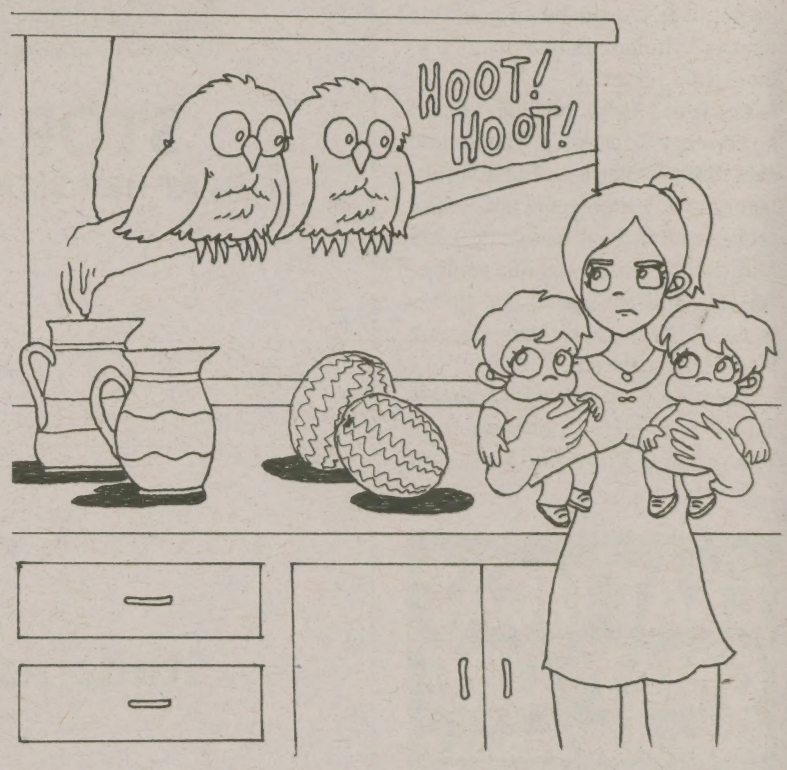
JENNIFER ZHOU GRAPHIC

INTERNATIONAL WOMEN'S DAY

My breasts are not a billboard

Women are oppressed when men treat us like objects

Kimberly Bruce



JENNIFER ZHOU GRAPHIC

The advertising industry has objectified women's breasts for decades, and now they want to take up some prime real estate on my chest.

I've paid my way through school the last four years by working in a series of neighbourhood pubs. I owe some of my financial success in the service industry to my endowments.

The liquor and beer companies whose products I sell often drop off promotional goods, especially if they're having an advertising campaign. Key chains, hats, jackets and T-shirts. The women's shirts are always tight and low-cut, and black because that is the most common pub dress code for employees. Sometimes I wear these shirts and sometimes I don't. I've never felt comfortable with wearing shirts with writing on them, because my breasts attract enough attention already.

Last year, Miller Genuine Draft had a contest — a draw for a pair of Harley Davidson motorcycles. They gave me the usual tight black T-shirt, with a little Harley logo over each nipple, and "Ask me about the Twins" written across my chest. "The Twins" referred to the motorcycles, of course.

Miller seemed to think that it could lease some boob space for the price of a cheap shirt. They tried to give me another shirt with the same slogan this year.

I guess it was a success.

Though I embrace the way I look now, I still feel self-conscious about the objectification of my body. The way the media obsesses over breasts is pathological: too big, too small, or more commonly, not big enough. They're a cliché in advertising, but it's the cliché that will never wear thin.

At age 14, I was made acutely aware of the way my breasts would be coveted, when an old drunk yelled from a half block away, "Nice fucking tits." I wanted to hide. Too bad my breasts were too big.

Why did one of my earliest manifestations of womanhood need to be tainted with the self-consciousness of being objectified? To treat a woman as an object is to treat her like a piece of property, which, no matter how harmlessly it may be dressed up, is an act of oppression.

Miller can keep sending me all the shirts they want to, but these twins are mine.

martlet
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The Martlet Publishing Society is an incorporated B.C. society and a full member of Canadian University Press (CUP). We strive to act as an agent of constructive social change and we will not print racist, sexist, homophobic or otherwise oppressive copy. The Martlet is printed on 100 per cent recycled paper.

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UVSS CHAIRPERSON CANDIDATES MAKE THEIR CASE TO THE STUDENT BODY

Work together to affect change

Caitlin Meggs
TEAM FAST

It's important to celebrate the history of the student movement, which gave rise to the ecological movement, the fight for civil liberties, for feminism and against racism. They can all be traced back to university and college campuses and students working together for change.

Run for students, by students, your student society is the autonomous voice for students on campus.

I am running for chairperson with Team FAST — an acronym for "for a sustainable tomorrow" — to bring great parties and DJs to campus, to help with the work of club and course unions, and to make sure that services are improved. But mostly I am running because, as naive as it might sound, the student society really has an opportunity to make things better on behalf of students.

This past year we got out there and got over 4,000 signatures on a petition for increased transit funding. And you know what? The government actually listened to us.

The funding for transit in Victoria has been increased by approximately $4 million. And why wouldn't they? In a small city such as Victoria, 16,000 university students represent a significant voice.

This year, if elected, we'd like to continue to use our strength in numbers to make sure that new funds go toward late night and early morning transit, more express routes and more frequent service.

> "Team Fast is committed to sustainability, affordable education and campus community."

But transit is just one of the many things that a dedicated and active student society can affect.

The Student Union Building was the first place on campus to have fair trade coffee, and now the entire university uses fair trade. Students have also been the leaders in sustainability on campus. By bringing composting, recycled paper and local food to our building and proving it works, we can start to have a positive sustainable impact on the campus and surrounding community.

Anyone who tells you that the student society shouldn't take political stances on things that are important to us as students is selling us short on what we can actually achieve. Team FAST is committed to sustainability, affordable education and campus community. Holding great parties and standing up for students on our issues should not be mutually exclusive.

No matter which way you vote this week, I encourage you to find out more, talk to the candidates and get involved, because students working together can affect change.

More SUB parties, less red tape

Amber Dujay
STUDENTS FOR STUDENTS

I am running for chairperson in this year's UVic Students' Society (UVSS) elections. I am running to represent the approximately 15,000 undergrads at UVic and I really hope that you give me that opportunity.

Students need an executive that actually cares deeply about the university community; an executive that has shown their past dedication to improving the lives of students. I have worked extremely hard as the president of the political science course union and the co-ordinator of World University Services Canada. Through these, I have learned to manage groups that don't necessarily get along all the time, but still manage to accomplish a hell of a lot.

As your chairperson, I want to see the UVSS brought back to the students and made accessible to them. Students should be able to approach their chairperson at any time and for any reason — there should be no intimidation or nervousness. I want to make things easier for clubs, course unions, and advocacy groups as that is where most of my experience lies. There are small things that can be worked toward that will make a huge impact, such as trying to reduce some of the bureaucracy and red tape surrounding booking rooms, audio-visual equipment and catering services.

> "I want to see the UVSS brought back to the students and made accessible."

I also plan on working with the other executives to plan special events throughout the year; things that can get students more involved in our campus and raise school spirit. Many other universities across Canada have awesome frosh weeks and weeks of welcome that are not present at UVic; unless you are a member of the Faculty of Engineering, who have a wonderfully organized frosh week. The beginning of school, before papers and exams, are times that students should be able to get together and interact socially on many levels. This can be done through Vikes tail-gate parties, beer gardens (such as Beerology), the President's Day barbecue, the re-introduction of SUB parties and many other great events for all students.

I make my final plea for all individuals to come out and vote this week and to get involved. Your student society has so much potential to be a great resource for all students and to accomplish things on your behalf, but it can only be as good as you are willing to make it. Vote, and have a say in how the UVSS spends your $152. Vote Amber Dujay and I guarantee that I will put your money and your student society to work for you.

LETTERS

Native feast was great

Recently, I had the pleasure of attending the Winter Feast, held by the Native Students Union (NSU) at the Mungo Martin House. It was incredible! I couldn't sum-up the experience in description, but I wanted to write and say thanks to the NSU and all who participated in making the event happen. As a non-indigenous student, I feel deeply fortunate to have this opportunity. I think it's worth recognizing that all of us here at UVic are extremely fortunate to have the NSU as a part of our community — as well as the many other collectives that work to create a diverse, inclusive environment. At the feast, with my stomach and heart full, I felt so rich, and as a school, UVic is made rich by your presence and effort. Thank you, thank you, thank you!

- Ryan Green, UVic student

NATO not so careful

As much as we'd all like to take comfort in Jon Fox's regurgitation of Canadian propaganda, the idea that the occupying forces in Afghanistan "go to great lengths to avoid civilian casualties" (Letters, Feb. 28) is not in accordance with the facts.

If this were the case, why are seven NATO soldiers on trial for war crimes for their part in the mortar attack on Nangar Khel, where eight Afghani civilians (including a pregnant woman and a child) were killed and three women crippled? The military prosecution ascertained that there was no exchange of fire, that the civilians had been fired upon with the intent to kill them, and that one soldier refused to follow his superior's orders and left. The Polish soldiers were told by the base that "the village needs to be fucked up," and wives of the soldiers have said the "suggestion" to open fire came from a U.S. command.

I'd prefer discourse to spectacle too, so let's stop the media blackouts, stop Operation Zodiac, demand Joint Task Force 2 accountability, stop the bullshit talk of human rights and democracy, and let's talk about this war for what it really is: an exercise in self-interested Western imperialism.

- Tim Fournier, UVic student

UVic not an aviary

Birds are amazing creatures. I watched this television program about these birds that learn how to navigate by watching the stars when they are chicks. The sooty tern remains continually in the air for up to a decade without touching ground. The flying fish, the only known type of fish-bird, can stop bullets with its gills and kill sharks with its razor sharp beak.

Birds live on every continent and island, and have been around since dinosaurs. Those 24 birds species of birds that left UVic (Silent spring at UVic, Feb. 28) didn't just disappear and die, they went somewhere where conditions were better for them. UVic is neither a zoo, nor is it an aviary or a wildlife preserve. This is a university. We do not have a responsibility to take care of the birds — they are perfectly capable of taking care of themselves. The editorial is absolutely correct when it says that we need a better definition of sustainable development, with a key emphasis on the development half of the trope. It's important to realize underdevelopment can be just as unsustainable as overdevelopment.

- Kailer Mullet, UVic student

Off-campus grads shut out

The Graduate Students' Society (GSS) is holding a referendum from March 18-20 to determine if UVic grad students will leave the Canadian Federation of Students (CFS) or not, but I can't vote. Why? Because I don't go to school on campus. Like many UVic graduate students, I study online.

The GSS said they asked the CFS to let off-campus students vote via web-voting, but the Referendum Oversight Committee said no. The GSS assured me I was allowed to vote on all other GSS matters, just not this one. It's because of CFS rules they say, not theirs.

Why should I pay CFS fees and not have the same rights as all on-campus members of the CFS? Heck,

Continued on p. 11

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The Martlet has an open letters policy and will endeavour to print every letter received from the university community. Letters must be submitted by e-mail, include your real name and affiliation to UVic, and have "Letter to the editor" in the subject line. Letters must be under 200 words and may be edited.

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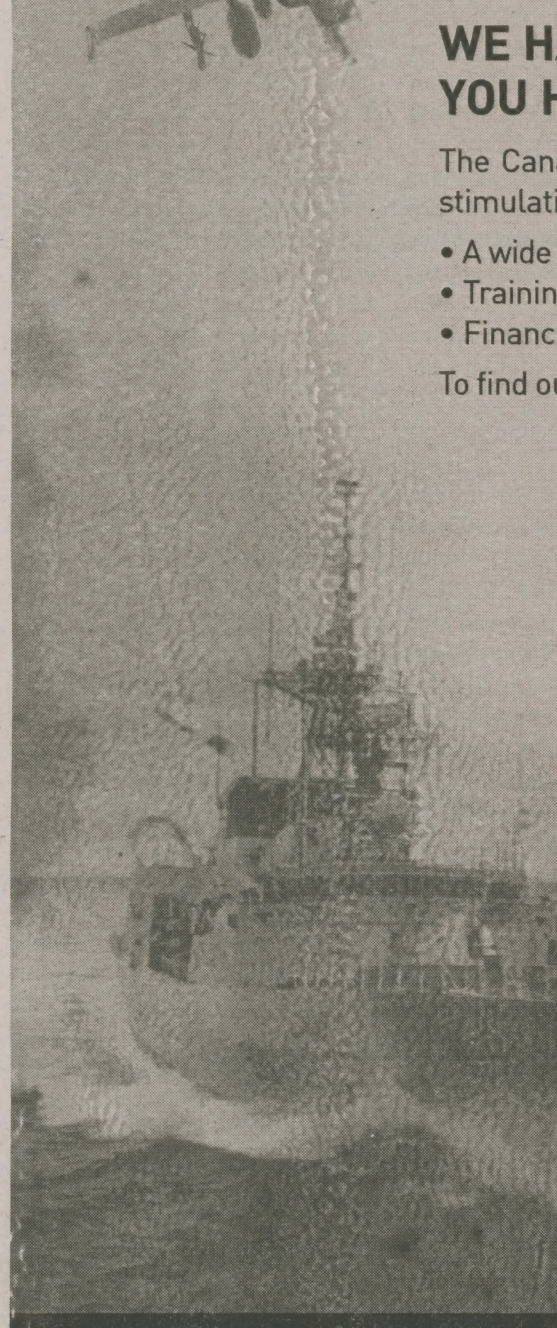

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THE HAPPY HERETIC

Violence at root of Qur'an

Derek Madson

The Qur'an should be defined as "hate speech" under Canada's hate crime legislation. Not only that, the Qur'an incites hatred and violence against identifiable and vulnerable groups.

The Criminal Code of Canada (s. 318-319) bans the incitement of hatred against an "identifiable group," defined as "any section of the public distinguished by colour, race, religion, ethnic origin or sexual orientation." Bearing this legal definition in mind, let's see what the Qur'an says. A casual perusal reveals that the Qur'an is full of hatred and violence against Jews, Christians, pagans, women, atheists and apostates (Muslims who have left their religion). But don't take my word for it — read the Qur'an yourself:

"Allah is the enemy of the unbelievers." (2:98)

"Fight against them until idolatry is no more and Allah's religion reigns supreme." (2:193)

"Fighting is obligatory for you, much as you may dislike it." (2:216)

"Women are your fields: go, then, into your fields whence you please." (2:223)

"Men have authority over women because Allah has made the one superior to the other, and because they spend their wealth to maintain them. Good women are obedient. They guard their unseen parts because Allah has guarded them. As for those from whom you fear disobedience, admonish them, forsake them in beds apart, and beat them. Then if they obey you, take no further action against them." (4:34)

"Those that deny Our revelations We will burn in fire. No sooner will their skins be consumed than We shall give them other skins, so that they may truly taste the scourge. Surely Allah is mighty and wise." (4:56)

"The true believers fight for the cause of Allah, but the infidels fight for the devil. Fight then against the friends of Satan." (4:76)

"Do not befriend [apostates] until they have fled their homes in the cause of Allah. If they desert you, seize them and put them to death wherever you find them." (4:90)

"Believers, take neither the Jews nor the Christians for your friends." (5:51)

"The Jews say: 'Allah's hand is chained.' May their own hands be chained! May they be cursed for what they say!" (5:64)

"Believers, make war on the infidels who dwell around you." (9:123)

The previous verses are not metaphorical and harmless. Jihadists quote them regularly, and they should be treated accordingly, with contempt, ridicule and scorn.

The only thing protecting Muslim extremists who use the Qur'an to publicly incite hatred from serving serious prison time is a clause in the Criminal Code (319.3) that specifically exempts religious texts from hate crime legislation. Take religion out of the formula and you are left with bigotry, hatred and criminal incitement.

Why is religion entitled to special status? Why is it illegal to incite hatred and violence against Jews in a classroom (as with the famous Keegstra case) but perfectly legal in a mosque? Will a Muslim ever be charged with a crime for his views on women and homosexuals?

Under Canadian law, probably not. Will a non-Muslim be charged under the very same law for criticizing the views of Islam? It's a real possibility. Rational men and women should speak out against the intolerance and violence in the Qur'an. The Danish cartoons must be a global wake up call. We must not be bullied into "submission" (the literal translation of "Islam") any longer.

LETTERS

Continued from p. 9

I can't even get an International Student Identity Card card because I cannot come to campus to get my photo taken.

If the yes side wins the referendum, the GSS cannot hold another referendum for two more years. In other words, rather than spending students' money lobbying for free tuition, this year they will spend it lobbying us for at least two more years of fees. I'm upset, but not surprised.

- Lyndon Simmons, UVic student

Community service important

Let's not forget that these much celebrated new grants for low-income students (Federal budget retools Millennium Scholarships, Feb. 28) come at the expense of another program, whose mandate was to encourage and recognize young community leaders who achieved excellence in their high school years and who continued to excel at the post-secondary level. They volunteer hundreds of hours each year to make their communities better places, all the while maintaining a high academic standing.

I was fortunate to hold a renewable Canadian Millennium Scholarship myself, allowing me the financial freedom to devote all my extracurricular time to civic service instead of holding a part time job. Thousands of children in British Columbia and Canada have benefited from the initiatives I have worked on. As a biology student, there were hardly any scholarships open to me past the first year level and I didn't qualify for student loans or even work study positions. The Millennium Scholarship allowed to me make my own way without simply sponging off of my parents.

Of course financial accessibility of post-secondary education is important and needs-based grants are great, but community involvement is important. The axing of community service-based funding isn't something to gloat about.

- Jessica Page, UVic student

Happy? Sad? Enraged? Engaged?
Tell us: letters@martlet.ca
The Martlet has an open letters policy and will endeavour to print every letter received from the university community. Letters must be submitted by e-mail, include your real name and affiliation to UVic, and have "Letter to the editor" in the subject line. Letters must be under 200 words and may be edited.

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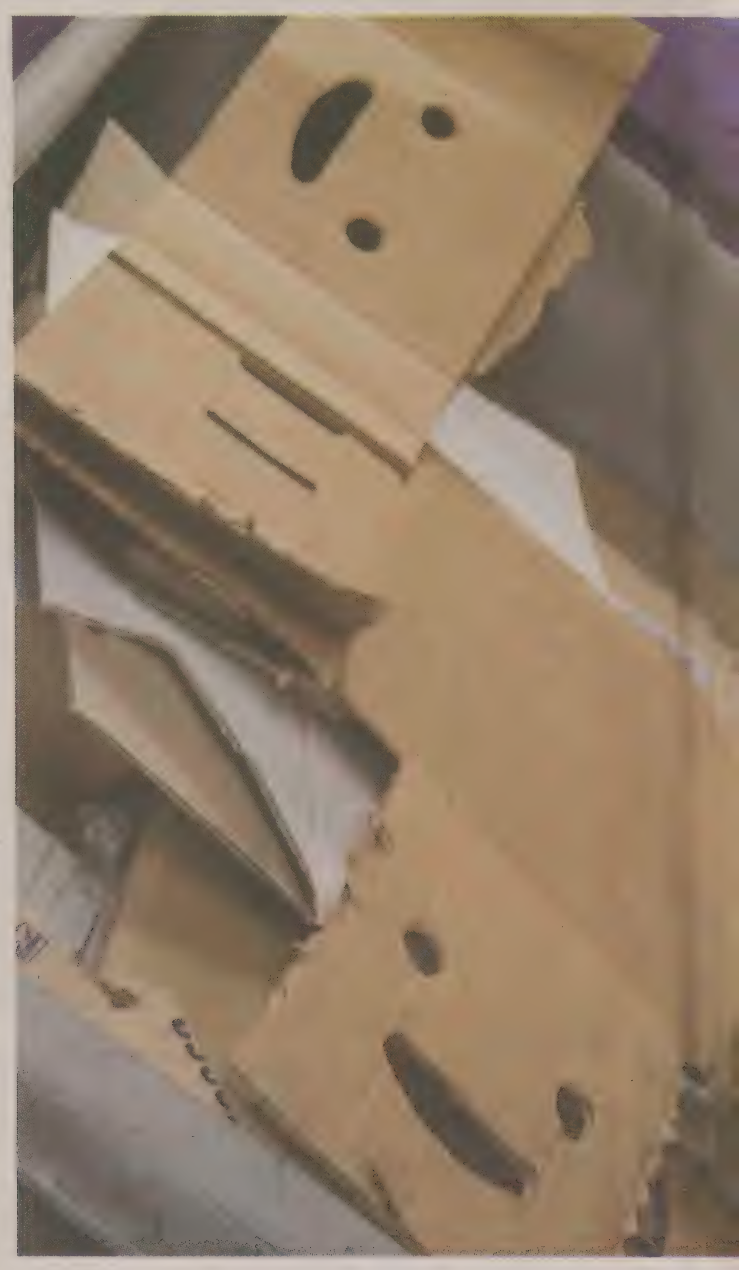

GREEN

Campus

What UVic is doing to move toward sustainability

by Gabriella Agueci

The term "sustainability" is fairly new, but it has rapidly become a very important and pressing matter. According to the David Suzuki Foundation's website, "sustainability" is defined as "living within the Earth's limits — improving our health and well-being by reducing and eliminating pollution and waste. It means tackling the root causes of health and environmental problems before they occur."

Before the polar ice caps started melting, the polar bears began dying and Al Gore proclaimed his inconvenient truth, sustainability didn't get much attention. Now, the string of repercussions from environmental carelessness spans from damaged habitats to major economies suffering due to climate change.

People's attitudes are changing and many are making modifications to their lifestyles. One third of cars sold in North America last year were hybrids, while incandescent light bulbs are being swapped for energy efficient compact fluorescents.

"Over the past two years, there has been a definite increase in purchases of compact fluorescent lights and green bags," said Erin Weever, manager of the Gordon Head Canadian Tire. "People come in looking for water-saving taps, shower heads and toilets."

According to Weever, BC Hydro's recent Power Smart television campaign has had a large impact on viewers.

"2007 had the highest amount of LED Christmas lights ever purchased," she said.

"While the term sustainability may only be a couple decades old, UVic has always been a sustainable campus," said UVic sustainability co-ordinator Sarah Webb. "[We're] green-oriented, with compact development, few roads and protective of natural areas. We've been at it since the 1960s and [it's] the nature of our campus."

UVic's February 2007 strategic plan includes the objective of "[implementing] environmental stewardship practices that serve to make UVic a leader in sustainability."

"[Sustainability is] a priority," said Webb, "that [UVic] recognizes and it makes good business sense to reduce operating costs and tread a little lighter on the planet."

Energy conservation

Since 2002, UVic has been a Power Smart Partner with BC Hydro. The program allows UVic to access various tools and resources to create a sustainable energy management plan.

UVic has lowered its energy consumption by almost 10 per cent since 2005 and according to Webb, was rated third in BC Hydro's provincial assessment of energy efficient post-secondary schools.

The hyper-efficient Medical Sciences Building exceeded the federal government's expectations, operating 37 per cent above the Model National Building Code and won a gold rating in the Leadership in Energy and Environmental Design (LEED) rating program.

UVic has proudly advertised advancements in sustainable technologies on campus. Signs advertising "Low Impact Development" outside campus construction sites list environmentally friendly features being incorporated into new buildings. Features include bicycle racks and showers for cyclists, low flush toilets and dual plumbing, which allows buildings to use both new and recycled water.

"The Medical Sciences building, as well as the Engineering Computer Sciences building, use treated waste water to recycle through their toilets and urinals," said Webb, "It saves 4.5 million litres of water per year and all the new buildings under construction will be utilizing the program."

In the older buildings, such as the dormitories built in the '60s, '70s and '80s, UVic has made retrofitting a priority so the buildings can accommodate energy efficient appliances.

"The toilets and shower heads are the primary low-flow fixtures. But it doesn't only depend on appliances," Webb said. "UVic is on a green-cleaning program, we're 95 per cent chemical cleaner free. It doesn't make sense to build a green building and then clean it with chemicals. It's not just the end result, it's also how you build a green-building and once they're running, how you clean them."

Common Energy is a network of environmentalists collaborating with UVic to battle climate change. Their main focus is accelerating retrofits, refurbishments and developing more renewable energy.

"There's a lot of potential for geothermal energy," said Jamie Biggar, the research team facilitator of Common Energy.

Geothermal heat exchangers use panels buried five metres underground and draw on the ground's warmth to even out the temperature of the building.

"We'd just like to see an acceleration and broader scope of things done. A major driver of energy consumption [on the UVic campus] are the electronic devices, like laptops."

AHMED MUMENI PHOTOS

Student involvement

There is no miracle-fix-it solution to saving the environment, leaving everyone with a piece of responsibility. That includes UVic's residents.

"Part of the role of the housing department is providing the students with enough knowledge to become independently sustainable," said Leigh Anderson, the facilities manager of food and housing services.

At the beginning of each of the last two school years, the university handed out 1,000 free compact fluorescent light bulbs to people living in dormitories, cluster and family housing.

"The reality is we know people plug in other lamps," said Webb, "And we know that sometimes people don't always purchase compact fluorescents. So by giving [the compact fluorescents] out we can introduce them to the product, they're getting it for free and replacing a [light bulb that] would normally be energy consuming."

To encourage student participation, last year Residence Life held an energy challenge between the dormitories to generate some friendly competition.

"We were able to reduce our energy use percentages in every single one of the dorms that participated, between three and 6.5 per cent," said Webb. "It was quite substantial, so we know behaviour change can reduce energy, right away."

The Residence Sustainability Team was created for exactly that reason. Each week, the group of student residents learn about a different topic relevant to sustainability.

"The members come from a variety of educational backgrounds, providing different viewpoints on simple things such as recycling and composting," said Amanda Munsell, an active member of the sustainability team. "We hope to transfer this knowledge to the residence community throughout the second semester with events such as the '100 Mile Dinner' at the cafeteria, environmental-based awareness days and inter-residence competitions."

"We recognize the best way to get in touch with people and create behaviour change is through peer to peer contact," Webb said. "Often people who are living on campus have the best ideas on how to make their surroundings and residences more sustainable ."

But some UVic students aren't buying into Webb's high praise.

Lauren Clinton, a second-year student and cafeteria employee, said her first impression of the school and campus was that it wasn't very sustainable. How could a campus with such a large amount of people living, learning and visiting it every day be sustainable?

Clinton lives in cluster housing with three other roommates. One thing they had an issue with was the composting program.

"They made it unnecessarily difficult," Clinton said. "You had to attend three meetings to join [the program] held at really inopportune times. None of us could go so we weren't allowed to do the program."

If the school was truly interested in its residents composting, they would make it a lot simpler, said Clinton.

"All they have to do is have a pile of buckets, whatever else is needed for composting and a list of things that you can compost. Then whoever wants to do it can go pick it up," she said.

But Clinton, who works in a UVic cafeteria, said the campus food outlets are more diligent about composting.

"I didn't actually realize how serious the school was about [sustainability] until I started working at the café," she said.

UVic tries to find a way to ensure the cafeteria waste doesn't end up at the landfill.

"All our compostable food and paper products are collected three times per week and taken to a local up-Island processor who turns it into top soil," said Thomas Bain, the manager of food services. "All our paper, plastics, tin and glass are also collected and recycled locally."

As the campus develops, it's clear that UVic is becoming a leader in sustainability.

Our world has sat idly by, mixing trash with recycling, leaving televisions and computers on 24/7, and we have now reached a breaking point. With the term sustainability has come a whole new breed of environmental awareness. It has a place in dinner conversations and it isn't just a looming myth that may happen to our grandchildren.

"Sustainability is not just a series of projects or programs, it's about a way of thinking," said Webb. "You need to have education, you need to have infrastructure and you need to have policy."

WHAT'S IN YOUR MOUTH?

Mushy green goodness

Jessica Salloum

NICOLAAS SMITH PHOTO

Avocados are full of fibre, vitamin B, potassium and healthy fats.

Does the headline scare you?

It shouldn't. It refers to the humble avocado, which can be a delicious addition to any menu.

These versatile fruits can be ripened quickly by placing them in a paper bag with an apple. Do not store them in the fridge before they are ripe, or they will not ripen.

An uncut ripe avocado will keep in the fridge for about a week. After an avocado is cut, squeeze a lemon or lime onto the cut surface so that it will not brown, and keep it in the refrigerator, where it should keep for a couple of days.

A ripe avocado will yield to gentle pressure; check near the stem for ripeness.

Tuna-Avocado Salad

500 ml (2 cups) salad greens
1 avocado, chopped
1 can tuna, drained
50ml (1 cup) green onions, sliced
30 ml (2 tbsp) olive oil
1 lemon, juiced

Toss together greens, avocado and tuna. In a separate bowl, mix oil with lemon and drizzle over salad. Recipe goes great with bruschetta. Serves two.

Bruschetta

6 slices of French bread
1 clove garlic, halved
2 avocados, flesh removed and chopped
2 tomatoes, chopped
30 ml (2 tbsp) extra-virgin olive oil
250 ml (1 cup) grated mozzarella

Lightly toast bread in oven. Rub toasted slices with cut sides of garlic. Set oven to 375 degrees. Mix together tomatoes, avocado and oil, and top bread with it. Sprinkle cheese on top and bake until golden brown and cheese is bubbling. Makes six side dishes.

Guacamole

2 avocados
1 small onion (about 125 ml or 1 cup), finely chopped
1 medium tomato, chopped
1/2 lemon, juiced
2 ml (1 tsp) cayenne pepper
Salt to taste
Chopped fresh cilantro (optional)

Mash avocados to desired consistency. Gently stir in onion, tomato and cilantro (if desired). Squeeze lemon and add pepper. Taste, then add more lemon juice and salt if desired. Serve with tortilla chips or fresh raw vegetables. Makes two cups.

ASK MISS MARTLET

Go to bed

Danielle Pope

Dear Miss Martlet:

I have trouble going to bed at a reasonable hour, even though I avoid caffeine. Are there tricks to help me fall asleep?

- Tired of being tired

Dear Tired:

You're in good company.

Many students find themselves battling sleep anxiety throughout the school year, a fact that worsens as finals close in.

You're already on the right side of the bed by avoiding stimulants like caffeine (note: alcohol is another agent that disrupts shuteye). But it might be worth your extra zzzs to find out what's triggering those sleepless nights.

Next time you're up too late, take a moment to write out a list of all the reasons you're not snoozing. Chances are stress, studies or time management troubles will top your list. The bad news: until you take away those sleep-sucking factors, your late nights will continue — and with any habit, long-lasting behaviours get harder to change. The good news: there are ways to readjust.

Regular exercise and healthy meals can help to ease your mind. Develop a relaxation ritual before bedtime to help you unwind for at least 10 minutes: a hot bath with aromatherapy, music, meditation, colouring or reading for pleasure. Avoid daytime napping, and try not to talk about emotional issues or homework right before bed.

But if that list implies you aren't getting to sleep because you just aren't tired, that's another bedtime story.

For starters, make sure your sleeping area is comfortable. This includes everything from the mattress, sheets and pillow to the room's temperature and clock position (avoid a placement where you can stare at the time). If possible, use your bedroom solely for sleep-related activities (well, and maybe one other thing).

Go to bed later. This might sound counterproductive at first, but according to Helpguide.org, it's all about retraining your body. When all of your time in bed is actually spent sleeping, slowly make your bedtime earlier by 15 minutes each night.

If you can't get to sleep, get out of bed. Frustration will only keep you up. But avoid bright lights, and don't do anything stimulating (like watching TV or outlining that essay), which will awaken your brain. Grab a midnight snack of turkey, milk or peanut butter, which contains tryptophan, an enzyme that triggers the neurotransmitter serotonin and causes us to feel sleepy.

Try visualization techniques. Focus on your toes or picture walking down an endless stairwell. This will slow your brain down and adjust it to the idea of sleep. And while sleep can sometimes seem like the only "optional" part of a busy day, an unrested body won't function as well as one that's had forty winks.

The U.S. Centre for Disease Control and Prevention has recently declared sleep loss an under-recognized public health problem, noting that studies have linked a lack of sleep to obesity, high blood pressure, stroke, depression and lower life expectancy — so it pays to slumber.

How do you know if you're getting enough? You shouldn't feel lethargic or groggy during the day, and you should be able to fall asleep within 30 minutes at bedtime. If neither case is true, it might be time to fluff up your pillow and make some changes.

Got a question? Query missmartlet@martlet.ca.

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Vaginas impress Victoria audiences once again

Charlotte Barrow

Jayde Farand is a sultry-voiced young woman with a warm, red-lipstick smile and a slick black bob. She crouches on the Green Room floor as I ask her about vaginas.

"It shifts me and changes my life in so many ways every time I do it," Farand said. "It's contagious and it grows, and people can't help but love it — that's what I've heard."

She is referring to Eve Ensler's 1996 play, *The Vagina Monologues*. Now in her third year of directing the production, Farand has watched it expand from a fundraiser for a seven-bed prostitution halfway house in Calgary to a cast of 27 talented women. Some of the actors have prior acting experience, while many are performing for the first time.

The Feb. 26 sold-out show at the McPherson Playhouse earned its standing ovation, proof that our culture may finally be ready to stop silencing women's experiences of sexual violence.

The play took on its more serious message after the first performance year, when Ensler realized opening a discussion on vaginas empowered women to speak about their own experiences of rape and violence. The show now tours in 20 countries, gathering new stories all the time.

"It began as kind of a small script, but then grew and grew," said Farand. "Some of the monologues were created directly from one woman's experience, and some of them are kind of a combination of several different stories."

Some of the stories sent ripples of horror around the theatre. Kate Hughes embodied the vulnerability of a young Bosnian woman in "My Vagina Was My Village," recounting her relationship to her vagina before and after she was gang raped by soldiers.

In "Crooked Braid," Nicole Burgers made the audience experience her First Nations character's derision for her abusive husband, whose vanity and sex appeal were tied up in his long beautiful hair. It was easy to share her pitiful sense of glee as she recounted braiding it crooked after he beat her senseless.

The show did include some sweet touches of humour, such as Tania Halber's cute portrayal of a six-year-old claiming, "If my vagina got dressed, it would wear a pink tutu and glitter."

The most striking element of all, though, was the truth in which each woman performed her vagina story.

The Vagina Monologues lives its mantra to continue to entertain, sadden and educate audiences "until the violence stops." Before the performance I asked Farand, "If you could describe your vagina in one word, what would it be?"

"Magical."

Funny, that's exactly the word I would use to describe her show.

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Old shoes make new play

Steve Carey

What: The Shoes
Where: The Belfry Theatre
When: March 11 to Sat. March 15 @ 8 p.m., March 15 @ 2 p.m.
How much: $18 to $21

The winners of this year's Belfry Incubator Project went door-to-door through Fernwood to collect over 1,000 shoes for their play, aptly titled *The Shoes*.

The drama was written by Lee Cookson, a former UVic theatre and writing student, and is directed by Kathleen Greenfield, a UVic theatre alumnus. With the cast and crew largely from UVic as well, the play centres around a gigantic pile of shoes that a deceased world-famous cobbler left to his penniless family. Over the course of the play, his family "walks in his shoes" and experiences personal epiphanies about their relationship with him.

The Belfry sponsors the Incubator Project as is a chance for playwrights and theatre companies to stage a show from start to finish, by providing them with rehearsal space, publicity and a $3,000 budget. This year, Cookson's theatre company, humble wonder theatre, is the lucky winner.

JODIE THOMSON PHOTO

Actor Barb Hall uses shoe props.

"It's hyper-fantastic, very theatrical," said Greenfield. "There's puppetry, shadow puppetry, circus movement, story telling, dance. Books become butterflies and shoes become birds."

The show stars Graham Croft (*Cannibal, the Musical*), Barb Hall (*Wind in the Willows*), Graham Newmarch (*Monkey War of Fire*) and Marisa Smith (*Electra*).

Cookson said *The Shoes* was inspired by the idea of using a physical object to express emotion, and to tell a story — a thought that spawns from the physical theatre he studied with Double Edge Theatre in Massachusetts.

"Theatre to me is making the unavailable available — taking a group of random strangers and putting them in a room and making something intangible tangible," said Cookson, who attended UVic for two years and is taking this year off.

Cookson said he's obsessed with imagination and the way it entertains, intrigues and hinders people. That's partially what inspired him to write *The Shoes*.

Although they attended UVic's theatre program together, Greenfield and Cookson only just connected while working on last year's Belfry Incubator, *Cross This Bridge At A Walk*. Cookson was acting in the show, while Greenfield was a designer. During breaks, the two realized they shared the same goals with theatre, and decided to join forces.

Cookson and Greenfield have been operating as humble wonder theatre since October, when they won the Incubator.

"The Incubator Project has given us everything we needed," said Cookson. "Everybody's looking for a chance and that's exactly what they've given us. Just to be in a space like the Belfry and to be a professional is great."

And in case you were wondering, the 1,000 shoes will be donated to a worthy cause when the show is over.

Pink Floyd cover band does the original justice

June Halliday

UVic's Farquhar Auditorium was transformed into a smoky, moody, acoustically amazing venue on March 1 for Canada's premiere Pink Floyd tribute band: All in All It's Just.

The three-hour performance covered Pink Floyd's career from 1967 to 1994, featuring many songs from the *Dark Side of the Moon* album. The nine-piece band opened with "Is There Anybody Out There." The mostly geriatric crowd responded with subdued applause; with the cost of tickets and the timing, it wasn't a surprise that few students were in attendance.

On lead guitar, electric steel guitar and vocals, Dan Hawes took his Floyd seriously. With downcast eyes, he channelled the British greats with every note. Hawes and Dave Lyons, on funky bass, swapped off on lead vocals. Lyons especially drew the audience in with his deep, reverberant voice, while a keyboardist, synthesizer player, drummer, percussionist, saxophonist and two female backup singers provided the epic full-effect of Pink Floyd's psychedelic and progressive rock.

The light show was both impressive and blinding. Trippy liquid crystal displays on the backdrop provided a full sensory experience during "Another Brick In The Wall."

"We're digging this facility," Hawes said. Being the first show with a new set, there were a few glitches — an awkward guitar strap and a lost ear monitor — but favourites such as "Hey You" with lyrics like "Together we stand, divided we fall" show that Floyd's philosophical songs are still relevant today.

After intermission, All in All It's Just amped up the show and delivered on the promise of a "special second half." The backup singers, Kelly Gough and Victoria-born Amber McAlonan, were featured on "Great Gig in the Sky." On screen, the visuals varied from glass blowing to reptiles, daisies to bullets, balloons to solar systems, even the caterpillar from *Alice in Wonderland* was featured.

Gratuitous — yet accurate — introductions and interludes highlighted several impressive synth and guitar effects. The song "Brain Damage" from *Dark Side of the Moon* was juxtaposed with images of George Bush, Sr., Saddam Hussein and other "great" leaders.

The poignant "On The Turning Away" urged the audience not to turn away "from the weak and the weary." With a dazzling flourish, punctuated by prismatic lights the audience was on their feet and All in All It's Just returned for a two-song encore ending with "Comfortably Numb."

The Vancouver Island band was well-rehearsed and well-studied in the vast repertoire of Pink Floyd, and even graciously gave and received handshakes from audience members as they streamed out of the auditorium. All in all, it was worth the experience.

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Problems plague UVic's athletic buildings

David Karp

The Athletics, Recreation and Physical Education Comprehensive Facilities Analysis found a number of problems with UVic's current athletics facilities.

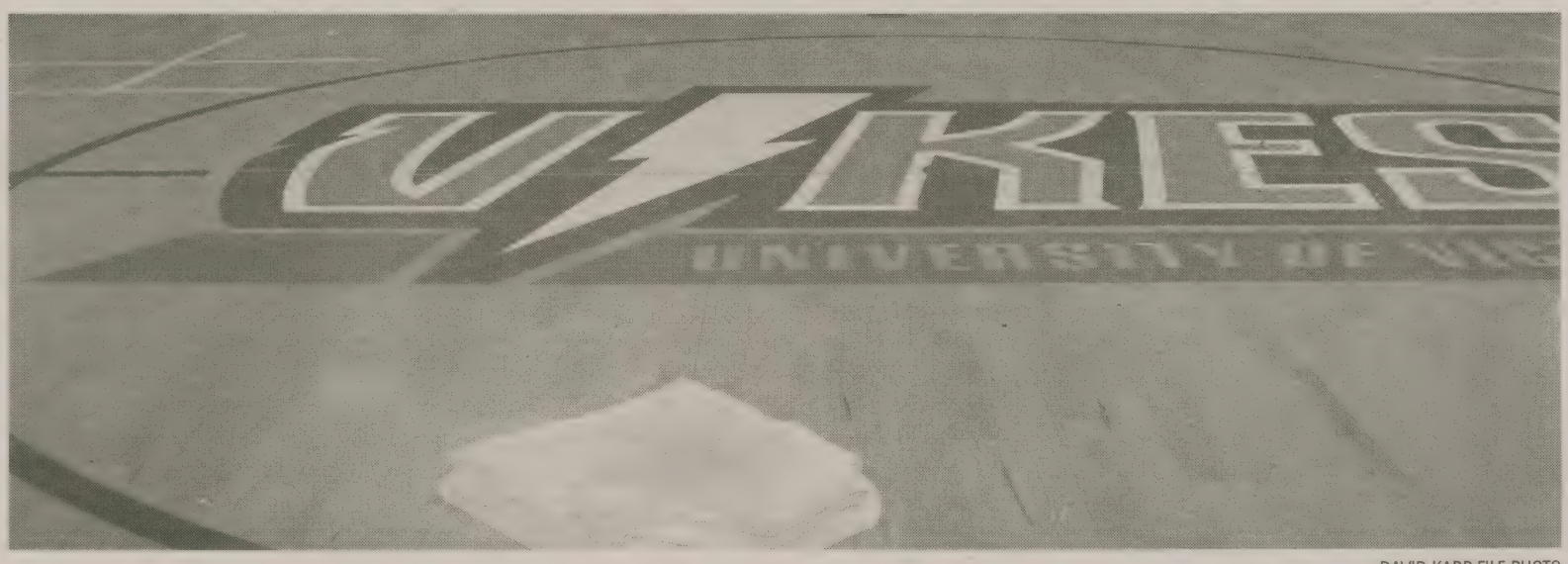
The report found that building codes are only being met "in a few parts."

"None of the facilities are appealing to the user," the report says. "Their foyers are unwelcoming, their changerooms are in poor shape, their colours are often institutional, and their social amenities are minimal or non-existent."

UVic's athletic facilities are used for recreation by students, for classes and labs by physical education students, and for training and competition by varsity athletes. However, the report claims the facilities aren't meeting students' needs.

"Many students are either going elsewhere or not exercising," the report says. "A major reason for this is the unattractiveness of the current facilities. This is especially true for females."

The Martlet highlights some of the facility problems outlined in the report.



DAVID KARP FILE PHOTO

McKinnon Gym's roof leaked during a basketball in January 2007, making the court unsafe. The evening's games had to be re-scheduled.

McKinnon Building

- 37 years old
- Overall character of entry and lobby area "is somber and uninviting"
- Divider in main gym "neither works well, nor is acoustically effective when it does work"
- Physical education teaching spaces lack storage areas
- Inadequate number of lockers and change spaces in women's faculty changeroom
- Need to go through men's change room to access phys ed equipment
- Signage for side entrance for students with disabilities is "almost non-existent"
- Wheelchair lift, which takes students from upstairs to the basement, requires a key from the basement
- Pool isn't the standard 50 metres

Ian Stewart Complex

- Built in the '70s
- "Not well built"
- Numerous additions and renovations make the building "problematic from a functional perspective"
- Poor energy efficiency
- Lighting is outdated, inefficient and creates a "dowdy" appearance
- Field house isn't insulated and can't be heated
- Fourcolumns run through the middle of dance studio
- Dance studio is located above offices, causing "significant interference for the office workers below"
- Ice rink changerooms are "small, in poor condition and insufficient for multiple team use"
- Gym storage room juts out into playing area, creating "a signifi cant safety issue"
- Building "is not close to meeting full access requirements" for students with disabilities.
- Yoga club meets in the basement of student residences because the club "has found it hard to find the appropriate contemplative environment in the Ian Stewart Complex"
- Tai kwando club meets in squash courts due to lack of facility space
- Tennis courts are "barely adequate for competitive play"
- Pool is not an approved length, lanes are "too narrow," and can get too hot in summer for competitive swimming

Centennial Stadium

- 40 years old
- All seating is at or past the end of its "service life"
- Plastic seating is starting to fail due to exposure to sunlight
- Washrooms and changerooms are "close to the end of their functional life"
- Roof would likely be found deficient if there was a seismic analysis
- Materials must be stored on pallets to avoid being damaged by damp storage area
- Running track is "well past its prime"
- Scoreboard is actually a sign board that wasn't designed to be a scoreboard and is "likely in need of replacement"
- Lighting "does not appear to comply with current astronomical conventions"

martlet

The report on UVic's athletic facilities says the needs of students with disabilities are not being met by our sporting amenities. For a complete story, check out www.martlet.ca.

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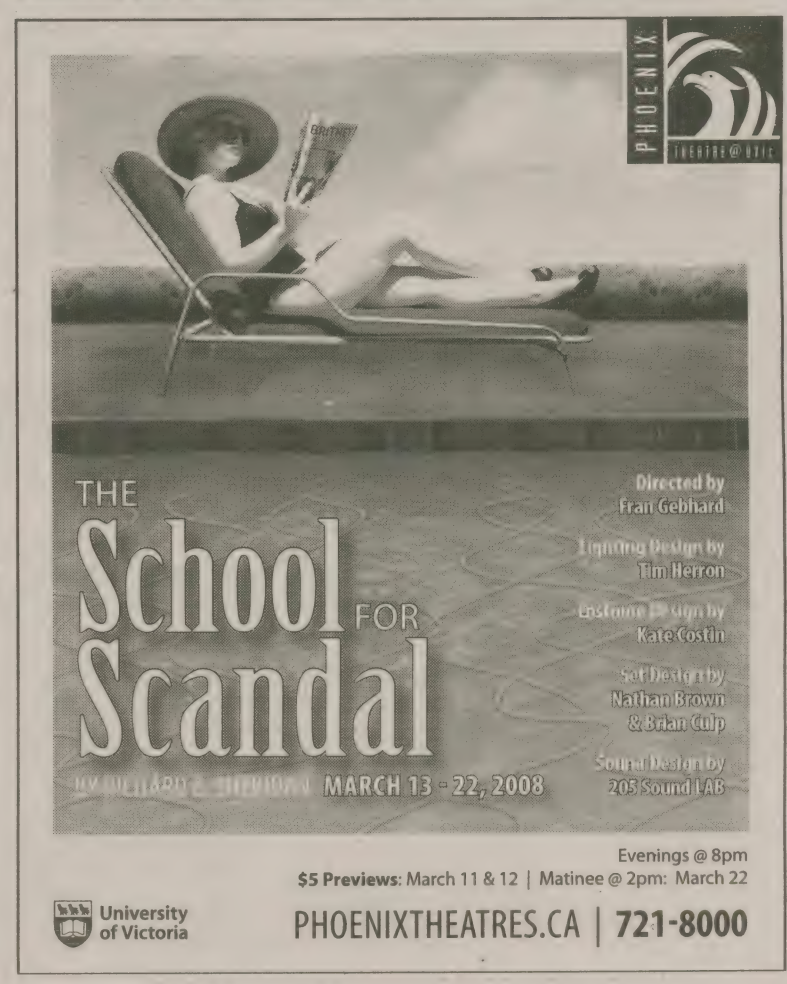
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A message from the Federation of Post-Secondary Educators of BC

FPSE

McKinnon students constrained by facilities

David Karp

UVic's athletic facilities are used daily by students in the School of Exercise Science, Physical and Health Education, but a report says the facilities are not up to snuff.

"They're not entirely adequate," agreed Doug Nichols, the school's director, who said more lab facilities are the school's most pressing need. "We need more teaching space, we need more teaching laboratories and we need more space for research laboratories. We also need more activity space."

The School of Exercise Science, Physical and Health Education contains roughly 350 undergraduates and 50 graduates in three streams — recreation and health education, kinesiology, and secondary curriculum studies. The Athletics, Recreation and Physical Education Comprehensive Facilities Analysis says a lack of lab and classroom space is preventing the school from expanding.

"There are only two classrooms available in McKinnon at present, one with a capacity of 75 students, and one for 30 students," the report states. "Several of the school's courses are over-subscribed by close to 100 per cent."

The report says many classes have long waitlists, noting that PE 142 typically has 75 seats, with a waiting list of 80 students.

"Student numbers are at capacity, and, generally speaking, cannot be expanded without expansion of resources, particularly facilities (though also faculty)," the report says. "In most years, the number of applicants far exceeds the number of places available."

To fix this, the report says a classroom with a capacity for between 150 and 250 students is required. But Nichols doesn't think that will be included in a new athletic facility, nor the renovated McKinnon Building.

"One of the things we were hoping for, and I don't think we'll get, is a relatively large classroom where maybe 100 to 150 students could meet, have breakout sessions, come back together and listen to a lecture," he said. "There are big rooms, but they're not really made for that kind of teaching."

Nicole French, president of the Physical Education Students Association, said students would benefit from more classroom and lab facilities.

JOSH SZCZEPANOWSKI PHOTO

Alexander Ednie works on a project in the McKinnon Building. A report says students need more lab facilities like this one.

"The labs are in a fairly small room," said French. "It's pretty cramped, though they've added a new section in the downstairs part of McKinnon."

She said that a new building could help the department expand its course offerings, which are limited at the moment.

"I know that for a lot of us, it's a problem," French said. "I'm in my sixth year overall of school, and it's only a five-year program. Physiology and biomechanics are scheduled at the exact same time, so you have to wait a whole year to take them."

Nichols said the proposed new facility wouldn't have dedicated classroom space.

"But that doesn't mean there wouldn't be space for laboratories," he said. "And it doesn't mean there wouldn't be shared space for training in injury facilities, or there wouldn't be shared space where my people could be teaching elementary physical education methods and athletics could be using those gyms for other purposes."

The report also says students who hope to teach physical education in high school are left behind because activities that are becoming "standard offerings" in B.C. high schools, such as rock climbing and wrestling, can't be taught at UVic due to a lack of facilities. There's also no teaching kitchen to support nutrition courses, which the report says are "very popular" and have "high student demand."

But French, who is in the secondary curriculum studies stream, said she's happy with the options UVic offers.

"We do golf, and that's off campus. We have a pretty big variety," French said. "Wrestling's a tough one because there's so much liability — I don't know how many high schools actually do wrestling anymore."

The report says UVic needs better athletic facilities to attract top students, noting many other universities and community colleges have better amenities than UVic.

But French had a different experience. She transferred to UVic from Malaspina University-College, which she said has worse athletic facilities than UVic.

"We had one classroom basically, and we'd just be crammed in it," French said. "Now, they don't even have a building. They tore it down to build something else."

Still, UVic isn't perfect, French said.

"The McKinnon Building itself is pretty old," French said. "But for the classes offered, it doesn't seem like there's that much of a problem."

University of Victoria

EXPRESSION OF INTEREST

UNIVERSITY OF VICTORIA ABORIGINAL ARTISTS: FOR ART WORK

The **University of Victoria GRADUATE CLASS COMMITTEE 2008** invites Expressions of Interest from UVic aboriginal students in creating works of art as the 2008 graduating class' gift to the new **First Peoples House**. The accepted proponent(s) will be invited in March 2008 to an interview with the organizing committee to finalize arrangements for production of the work.

The execution of the work may utilize any media (i.e. wood, fabric, paint etc.) but should be long-lasting, with the value of work (including materials) up to $4,000. The design, style and content of the work may reference local, regional and / or international aboriginal traditions.

Proponents must include in their submissions:
- Information on previous works (pictures, portfolio, etc).
- Information on the concept for the proposed art work
- Availability to commence work and estimated schedule.
- References from previous commissions if available.

For further information, contact:
Diana Wang, President, Grad Class Committee '08
c/o Martin Segger, Director
Maltwood Art Museum & Gallery
Phone: (250) 721 - 8298 Fax: (250) 721 - 8997
E-mail: msegger@uvic.ca

Submit one copy of your **Expression of Interest** in a sealed envelope, marked "**UNIVERSITY OF VICTORIA ABORIGINAL STUDENT ARTISTS: FOR ART WORK**" no later than 3:00 P.M., Monday, March 13, 2008, and addressed to:

Diana Wang
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Future of Ian Stewart Complex questionable

David Karp

What would happen to the Ian Stewart Complex if it was no longer used for athletics, as a consultant's report recommends?

"It's a difficult question to ask," said Clint Hamilton, UVic's director of athletics and recreation. "It's an important piece of infrastructure for the university."

The Athletics, Recreation and Physical Education Comprehensive Facility Analysis suggests that "housing is an alternative use for the Ian Stewart Complex site if it were no longer required for athletics and recreation."

Gavin Quiney, UVic's director of housing, food and conference services, said that's not an option he's ever considered.

"Your call is the first I've ever heard of this, so then you start to think about, OK, is this something that's viable? Is it attractive as a possibility?" Quiney said. "I'd have to think through ... whether there really was an opportunity there. It depends what the conversion costs would be."

Quiney said any housing facility built by UVic would need to pay for itself, and Quiney isn't confident there's a demand for additional student housing.

"We're currently meeting most of the undergraduate demand. We certainly meet the first-year guarantee — all first-year students are guaranteed a place on campus," he said. "Typically, 50 per cent of the population apply to come back for a second year, and that's where we start to fall short."

Tracy Ho, chair of the UVic Students' Society, said she'd support low-cost student housing on the Ian Stewart site, but also suggested that it could be a location for more childcare.

"If it's available and it can be converted, more child care spaces would be a wonderful thing for so many students on campus," she said. "The wait list is about one year if you're lucky, and there's a myriad of problems with child care — you need to have certain standards for buildings."

But Hamilton isn't eager to relinquish the entire Ian Stewart Complex. He said the ice rink is a valuable facility, even though the assessment says it's not necessary.

"Unless there is an intention of making an ice sport a varsity sport, there is little reason for the university to have an arena," the report says, noting that only five to 10 per cent of students use the arena.

"The arena is very, very important," said Hamilton, who disagrees with the report's recommendation that the ice rink be closed. "That's the consultant's opinion. We know that the arena is extremely important to our community. It's important to us."

Rishi Mahal, general manager of UVic's hockey team, said arena usage could increase if the university marketed it better.

"During the mornings it's not being used, and UVic hasn't made an effort to sell that ice time," he said. "They keep the ice in during the summer and they don't use it — that costs money."

Mahal said more than 80 students tried out for the hockey team this year, adding that he has fielded phone calls from players across Canada interested in coming to UVic to play hockey.

Ice hockey is a club sport at UVic, meaning it receives roughly one per cent of the funding a varsity sport receives. Mahal said closing the ice rink would pose problems for his team.

"It would suck for the hockey team," he said. "I guess we'd have to go rent ice time somewhere else and pay out of our own pockets."

In the end, a combination of different options might be the reality for the Ian Stewart Complex.

"There could be elements that would be recreation and athletic in nature, as well as there could be other uses for the university," said Hamilton.

The Ian Stewart Complex could also be sold to the private sector, the report says.

AHMED MUMENI FILE PHOTO

UVic's hockey club may lose their home ice if recommendations about the Ian Stewart Complex are followed.

> "There is little reason for the university to have an arena."
>
> *– report on UVic's athletic facilities*

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ANDREW SMITH PHOTO

UVic (right) went head-to-head with the UBC Ravens on March 1. The Vikes won 35-15 and are tied for second in the CDI Premier League.

Vikes find form to down Ravens

Andrew Smith

The Vikes men's rugby team rallied back from their recent Meraloma defeat to down the UBC Old Boys Ravens 35-13 on March 1.

Coached by UVic Sports Hall of Fame inductee Gareth Rees, the Ravens were expected to play an intense forward-oriented game.

Their strengths, however, proved to be no match for the fitness and tackling force of the Vikes squad who controlled the tempo of the game from start to finish. UVic's Nathan Hirayama continued his scoring streak and opened the board in the matchup with a penalty, a try and a successful conversion.

It took the Vikes some time to find their pace, with a number of dropped balls in the opening half.

However, the young UVic team showed why they are one of the best in the CDI Premier League with their tackling.

"Our defence is playing well, only giving up around 14 points a game," said UVic coach Doug Tate.

After dominating the play in the first half, the Vikes led 18-5. The second half looked as though the Ravens had finally found a lift of intensity.

They opened the scoring with a successful penalty, putting them within 10 points. The Raven's forward back pushed the Vikes deep into their own 22. But the UVic's consistency at the contact point kept them out of the try zone.

The UBC attack was quickly put down as their fitness failed them. UVic's swift play and agility saw tries by Ty Shannon and Mike MacKay. Chris Thompson also scored a try in the second half, his second of the game.

As the Vikes pushed forwards, the Ravens began to flail.

Their frustrations mounted as they generated little offence and were torn apart by the Vikes attack. A late Raven try by Dan Wainrite was the final show in a flat Raven display.

The Vikes now hold a 4-1 record in Premier League play. Next up for the team will be a rough battle against James Bay on March 8. The last time the two teams met was in December's Barnard Cup championship, where James Bay walked away with first place.

VIKES SCOREBOARD

MEN'S RUGBY
March 1 Vikes 35 UBC 13

WOMEN'S RUGBY
March 1 Vikes 37 SFU 0

UPCOMING GAMES

WOMEN'S RUGBY
Vikes vs. Cowichan
Wallace Field
March 8 @11:30 a.m.

MEN'S RUBGBY
Vikes vs. James Bay
McDonald Park
March 8 @ 2:45 p.m.

WOMEN'S SOCCER
Vikes vs. Vancouver Whitecaps
Centennial Stadium
March 9 @ 1 p.m.

MEN'S SOCCER
Vikes vs. Vancouver Whitecaps
Cetennial Stadium
March 9 @ 3 p.m.

MEN'S AND WOMEN'S TRACK/CROSS COUNTRY
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McGill University
March 6-8

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University of Waterloo
March 12-16

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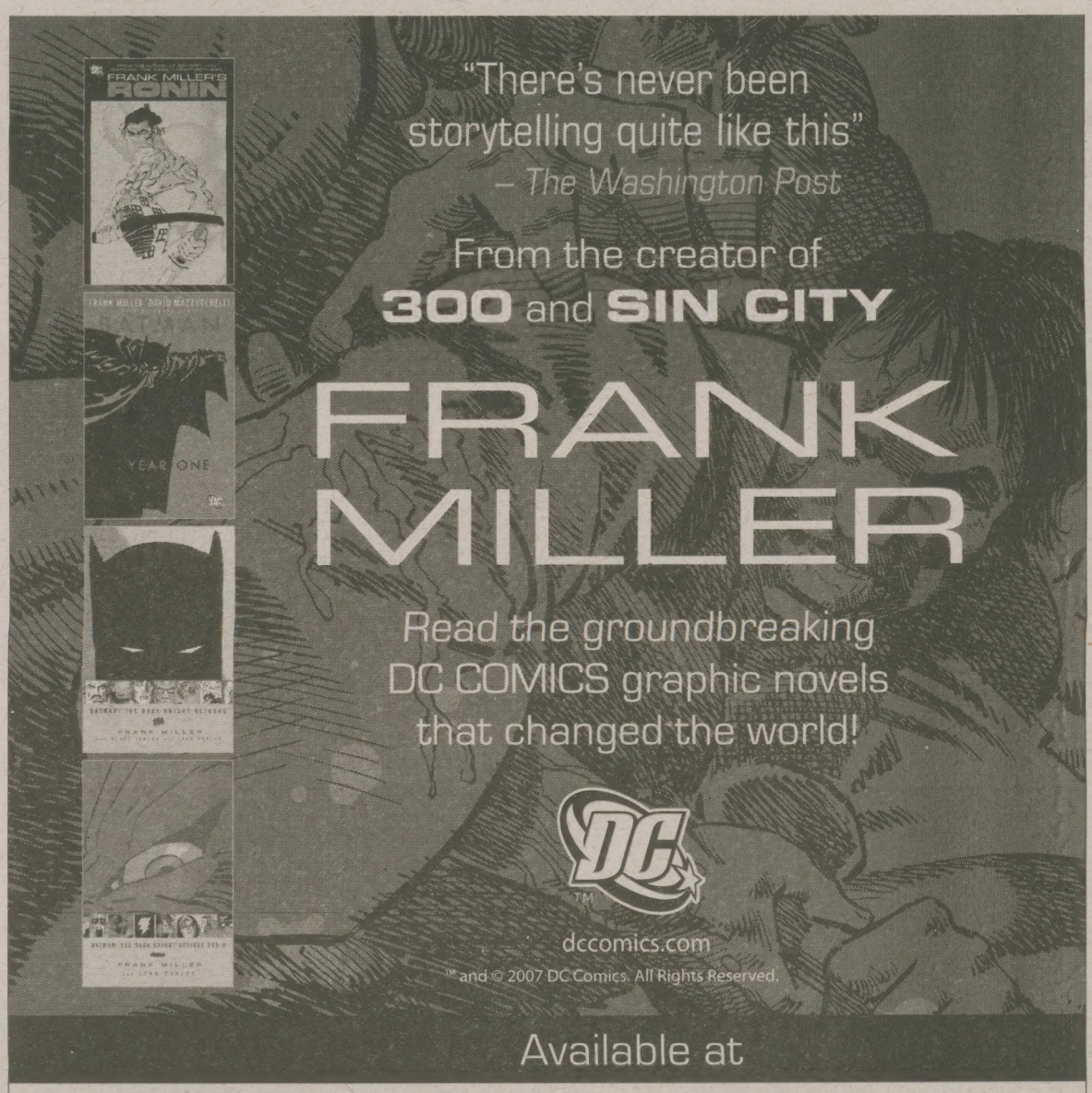
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1. Give a friend a hug
2. **Hold open a door**
3. Thank a teacher for their efforts
4. **Say 'Hello' to a stranger**
5. Buy coffee for the person behind you in line
6. **Give up your seat on a crowded bus**
7. Pick up some garbage around campus
8. **Plug someone else's parking metre**
9. Carry a friend's books to class
10. **Most importantly, SMILE!**

Join the **Uvic SAA** by participating in RAOK events throughout the week!

Mon	Tues	Wed	Thurs	Fri	Sat
Pay it Forward Day	Free Hot Chocolate Day	Apples for Teachers	Flowers for Secretaries	PB & J-athon sandwiches to local food banks	Campus Clean-up Challenge! –Sign up a team of 3 or join one!

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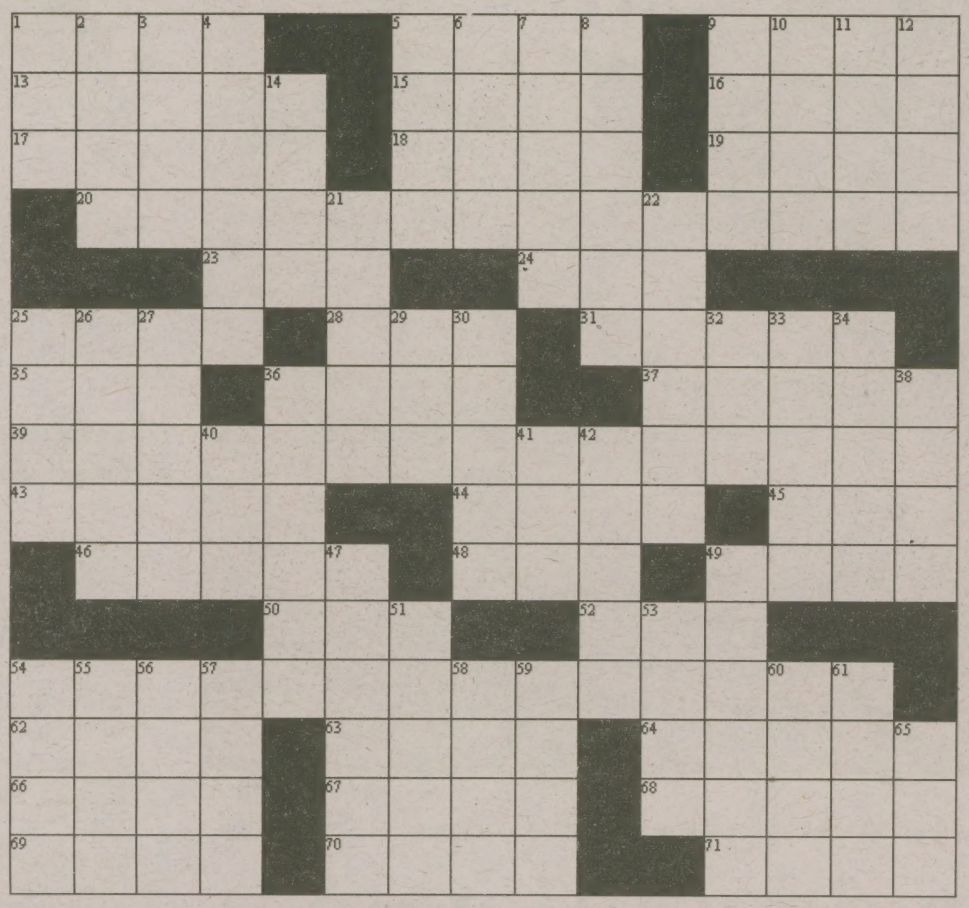
Diversions

The Ontarion Crossword by Krystian Imgrum (CUP)



Across

1 Indonesian island
5 Emcee
9 Unsolicited e-mails
13 Mark
15 Opera part
16 Trawler's catch
17 Social tier
18 Tragic king
19 Actor Alda
20 Winfrey's pigment?
23 And not
24 ____ better to be silent...
25 Roman poet
28 Notable bounty hunter
31 Hoodwinked
35 Was in track
36 Bosc or El Dorado
37 Counselled
39 Conifer option?
43 Biblical plague
44 Small birds
45 Taxi
46 Archaeologist's find
48 Singer DiFranco
49 Ancient European
50 Controversial org.
52 Born
54 "____ didn't say bananas?"
62 Margaret Mitchell setting
63 Modern quills
64 Digression
66 Muslim priest
67 Ontario's neighbour
68 Always antonym
69 Consumer's delight
70 Fast planes: abbr.
71 Beloved

Down

1 T.V. station
2 I smell ____
3 Whip strike
4 Plan
5 Vestibule
6 Bread spread
7 Initiate
8 Dormant
9 Hollywood accolade
10 Fruit flesh
11 Nit-picky
12 Horse feature
14 Geometric art style
21 Mandate
22 Supplants
25 Globes
26 Bravery
27 Habituate
29 Portaging need
30 Actress Garbo
32 Part of ppm
33 Elicit
34 Design transfer
36 Is in a tableau
38 Credit's counterpart
40 Japanese delicacy
41 Commotion
42 Wasp weapon
47 French desserts
49 Halted
51 Australian rock
53 Enthusiasm
54 Singer Redding
55 Hindu idol
56 Russian sea
57 Identifier
58 "Jump ____"
59 Applications
60 Plunge
61 Light bulb illuminator
65 Mistake

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	7						4	
		1				6		
	6	4		1		8	2	
4			5		3			7
			1	7	2			
3			4		9			2
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		8				2		
	2						1	

LOOK-ALIKES

Richard Karn, who played Al Borland on *Home Improvement*

Bruce Wilson, UVic men's soccer coach

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Slow but Steady. Don't succumb to the weekend warrior syndrome. Try to be active 3-4 times a week on alternate days.

Spring Fit Tips provided by Amy Chayko, BHK, BCRPA SFL
Vikes Recreation Health & Fitness Programmer

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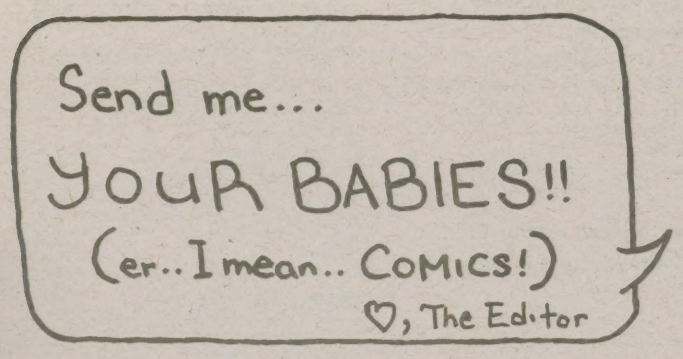

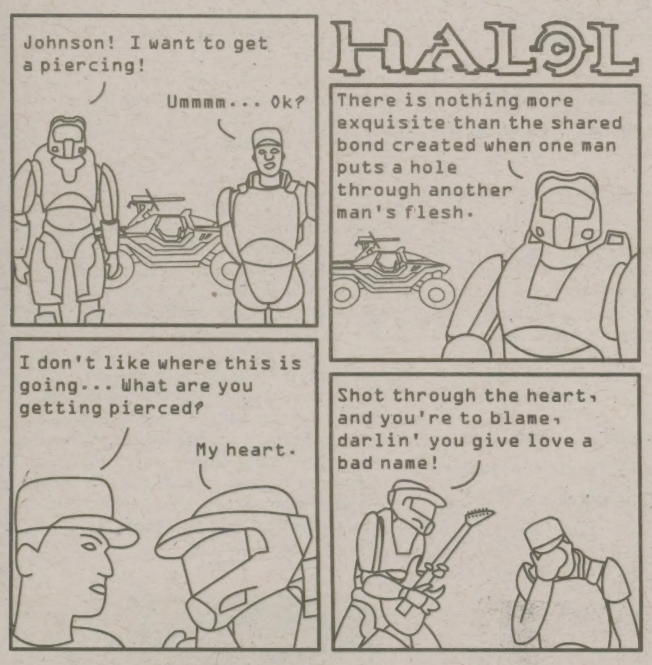

HALOL
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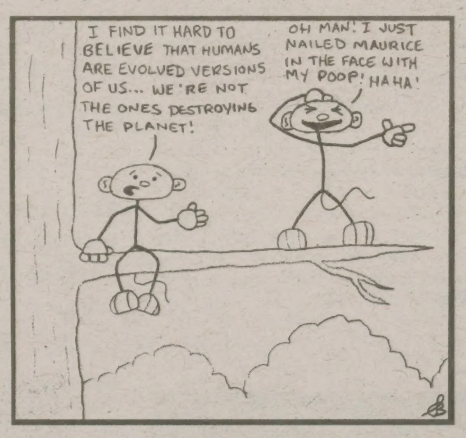
Shot through the heart, and you're to blame, darlin' you give love a bad name!

Zippity-Snips by Sean Behnsen


I FIND IT HARD TO BELIEVE THAT HUMANS ARE EVOLVED VERSIONS OF US... WE'RE NOT THE ONES DESTROYING THE PLANET!
OH MAN! I JUST NAILED MAURICE IN THE FACE WITH MY POOP! HAHA!

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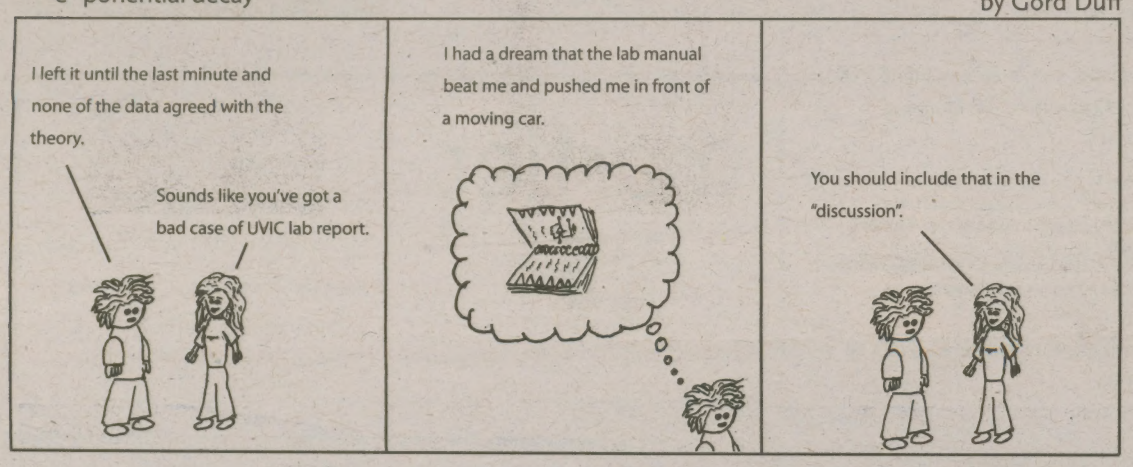
OK, OK... SO YOU DON'T HATE YOURSELF. NO PROBLEM. THERE'S LOTS OF OTHER THINGS YOU CAN BE ANGRY ABOUT.
WE JUST HAVE TO THINK A LITTLE BIGGER!
LIKE WHAT... ELEPHANTS?
I COULD NEVER BE ANGRY WITH AN ELEPHANT...
POLITICS, SIDNEY! IF YOU'RE HAPPY WITH YOUR LIFE, IT'S TIME TO GET PISSED OFF ABOUT HOW OTHER PEOPLE LIVE THEIRS!
RIGHT NOW, SOMEWHERE OUT THERE, SOMEONE HAS THE AUDACITY TO DISAGREE WITH YOUR OPINIONS! ARE YOU GOING TO TAKE THAT?
ABORTION! CAPITAL PUNISHMENT! GAY MARRIAGE! YOU'VE GOT TO TAKE A STAND ON THESE VOLATILE ISSUES. AN ANGRY STAND!
FOR THEM OR AGAINST THEM?
WE DON'T REALLY CARE.
AS LONG AS YOU'RE ANGRY ABOUT IT!

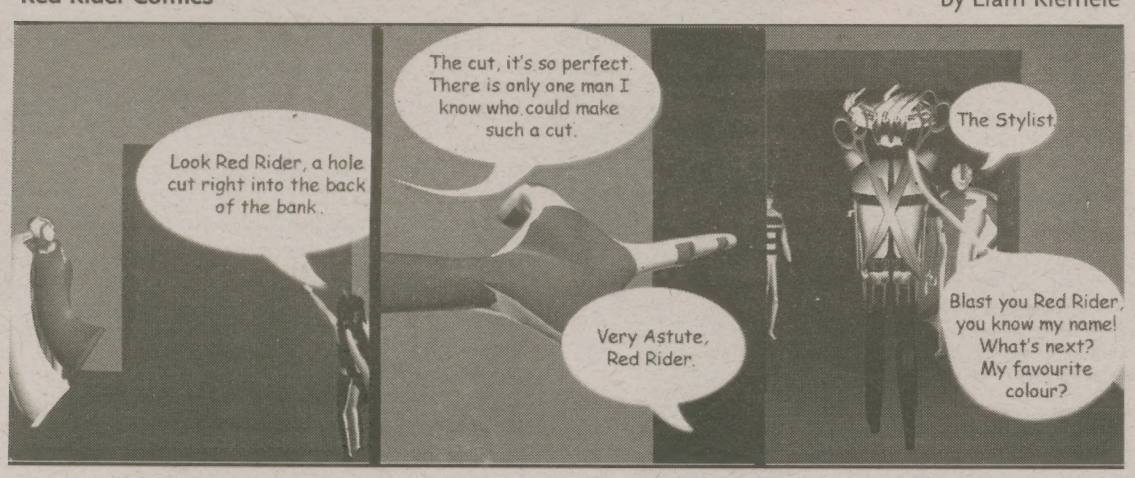
e^xponential decay by Gord Duff


I left it until the last minute and none of the data agreed with the theory.
Sounds like you've got a bad case of UVIC lab report.
I had a dream that the lab manual beat me and pushed me in front of a moving car.
You should include that in the "discussion".

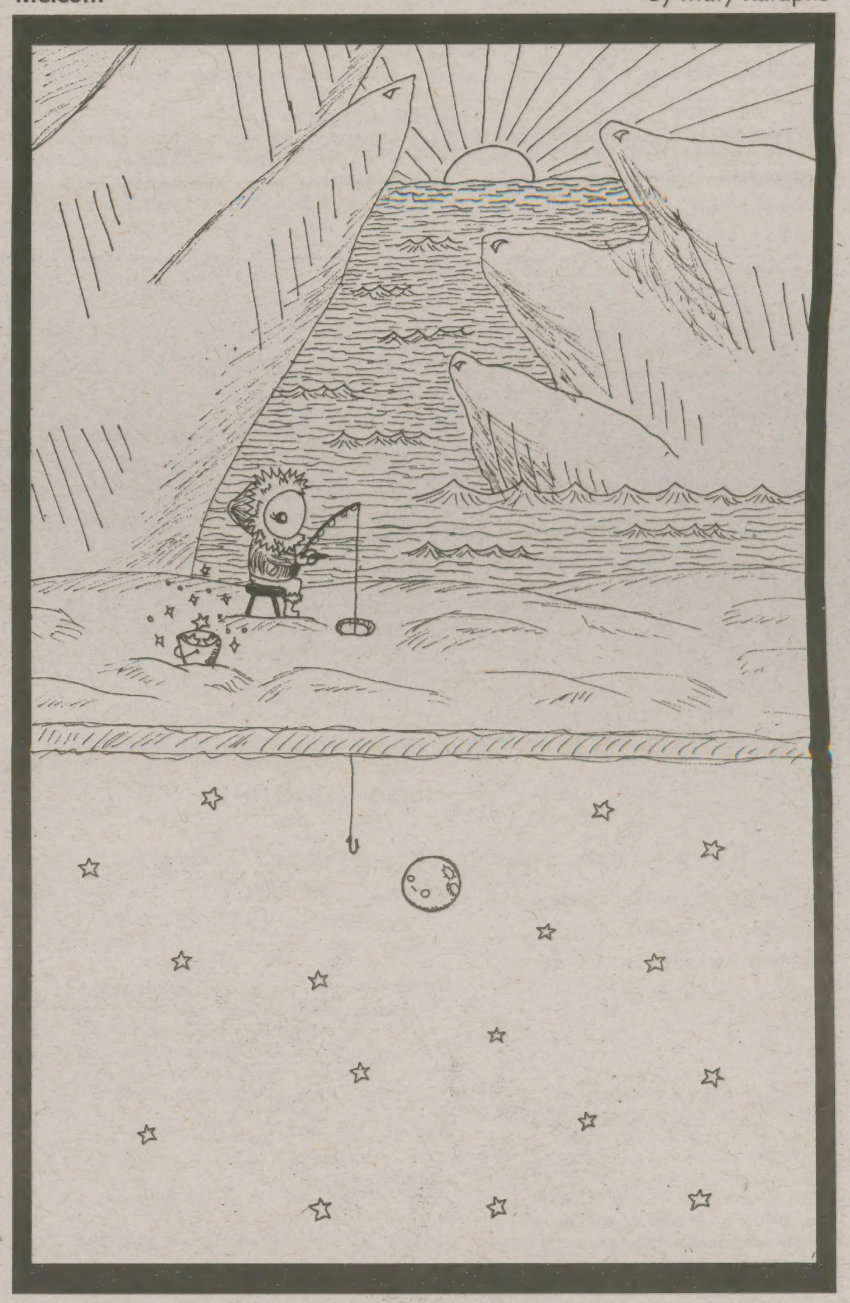
Dishwasher Safe by Lucas Hansen

Man, I'm never doing hard drugs ever again.
what happened?
Well, I thought I did my girlfriend, but apparently it wasn't her!
Honey! Where's the Cheddar? Why do you have so much swiss chees--
Don't touch that!

Red Rider Comics by Liam Kiemele


Look Red Rider, a hole cut right into the back of the bank.
The cut, it's so perfect. There is only one man I know who could make such a cut.
Very Astute, Red Rider.
The Stylist.
Blast you Red Rider, you know my name! What's next? My favourite colour?

Meicom by Mary Karaplis



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Events

ON CAMPUS

THURSDAY, MARCH 6

Exhibit - Living with Land Mines
All Day Event
McPherson Library, Main floor gallery

Canada's leading portrait photographer V. Tony Hauser presents the shocking reality of war through an artistic context through 16 life-size portraits of Cambodian children who have suffered the consequences of land mines, accompanied by statements about each child. After documenting the temples of Angkor Wat, Hauser unexpectedly found a different kind of beauty in the shadows: the dignity of these young victims of land mines.

This exhibit runs until March 28 in the McPherson Library Gallery. The gallery is open Mondays - Thursdays 7:30 a.m. to 11 p.m., Fridays 7:30 a.m. to 9 p.m., Saturdays 10 a.m. to 9 p.m. and Sundays 10 a.m. to 11 p.m. (regular library hours).

Fee: Free
Info: Aubrey Emlyn
250-721-6562

Lecture/Seminar - Lansdowne Lecture: "Entrepreneurship Among Women"
7:30 - 8:30 p.m.
Human & Social Development, A240

Professor Simon Parker is a leading authority on the economics of entrepreneurship. Drawing on existing knowledge as well as the lecturer's own research, this lecture discusses several reasons for the current state of affairs and considers several policy options for promoting entrepreneurship among women.

Fee: Free
Info: Lori Cretney
lcretney@uvic.ca

Other - Marshmallow Contest
1:30 - 3:30 p.m.
Engineering Lab Wing, main lounge

As part of Engineers Without Borders' (EWB) Day, EWB will be hosting a marshmallow tower building contest from 1:30-3:30 in the Engineering Building's main lounge. There will be prizes and hot chocolate!!

Fee: Free
Info: Kelly
kcb@uvic.ca

FRIDAY, MARCH 7

Conference - Ukrainian Culture after Communism
10 a.m. - 3 p.m.
Commons Block, Haro Room

A one-day workshop featuring a keynote address by a leading Ukrainian cultural critic Dr. Mykola Ryabchuk from Ukrainian Center for Cultural Studies (Kyiv): Crafting Cultural Politics in a Divided Country:Ukraine's Post-Soviet Experience, and other presentations.

Fee: Free
Info: Irina Gavrilova
721-7316

Lecture/Seminar - I Would If I Could And I Can: Involving People With Intellectual Disability in Physical Activity
2:30 - 3:30 p.m.
McKinnon, 150

This presentation will describe physical activity projects designed for the inclusion of children and adults with intellectual disability and the challenges related to the assessment of behavioural outcomes.

Fee: Free
Info: David Docherty
docherty@uvic.ca

Lecture/Seminar - Medicological Validation of Emotional Trauma: Post-traumatic Stress Disorder in Croatian Psychiatry
2:30 - 3:30 p.m.
Cornett, B143

In recent years Croatian psychiatrists have been faced with a significant increase in the number of reported cases of post-traumatic stress disorder (PTSD), particularly among the population of Croatian war veterans. To explore the effects of this process I am raising the following questions: 1) how is the need for institutional treatment of psychological trauma created; 2) how are Croatian war veterans encouraged to communicate their traumatic experience through the institutional framework of PTSD; 3) how is the conventional narrative about the effective treatment of PTSD reproduced, transformed, and resisted by individual medical practitioners; and 4) how do post-socialist political and economic conditions and the introduction of the specific classification of PTSD influence the institutional treatment of psychological trauma?

Fee: Free
Info: Angelique Lalonde
alalonde@uvic.ca

Lecture/Seminar - Biology Seminar - It takes two to tango: Population genomics of tree-rust interactions
2:30 p.m. - 4 p.m.
Cunningham, 146

A joint UVic Biology and Centre for Forest Biology Seminar given by Richard Hamelin, Canadian Forest Service and Forest Sciences, UBC.

Fee: Free
Info: Dr. Will Hintz
721-7091

SATURDAY, MARCH 8

Conference - Medieval Studies Student Conference
9 a.m. - 4 p.m.
Clearihue, A206

A conference where students can hear fellow students present their ideas about the Middle Ages. The conference will consist of a series of papers along with discussion. All students, faculty, and interested parties are welcome.

Fee: Free
Info: Matthew McHaffie
589-4501
mattmch@uvic.ca

MONDAY, MARCH 10

Lecture/Seminar - Making Markets Work for the Poor
12 - 1 p.m.
David F. Strong Building, C126

Speaker: Stuart Taylor, Executive Director, IDE Canada

International Development Enterprises (IDE) is a non-profit organization founded with the goal of raising the income of subsistence farmers — the 800 million people who live on less than a dollar a day and farm less than one acre of land.

IDE Canada executive director Stuart Taylor will discuss the way in which IDE has engaged the private sector and academia to maximize the effectiveness of its work. The discussion will explore opportunities for UVic to participate in poverty reduction efforts through research and academic partnerships.

Fee: Free
Info: Leslie Kenny
721-6695
lakenny@uvic.ca

Other - Order of Pi
Engineering Lab Wing, 206

The Engineering Students' Society is running its 13th annual charity drive for the Queen Alexandra Hospital and Mustard Seed Food Bank called "Pie Your Friend for Charity". This year, the charity drive will be run from March 10th to 14th. Anybody can have a friend put on trial for a minimum $10 donation by calling the Order of Pi at 721-8822 or reaching us online at www.engr.uvic.ca/~pi. $10 minimum donation to The Queen Alexandra Hospital foundation. Tax receipts will be available for donations that exceed $25.

Fee: $10
Info: Erik Johnson
250-721-8822

TUESDAY, MARCH 11

Phoenix Theatre: The School for Scandal - PREVIEW
8:00 p.m. - 10:00 p.m.
UVic, Phoenix Theatre

Originally set in scandal-ridden London of the 1770s, this classic 18th-century "comedy of manners" — replete with devilish wit, razor-sharp dialogue and outrageous situations — is presented in current day Hollywood as the perfect foil for our celebrity-obsessed culture.

We follow the day-to-day lives of Paris Hilton and Britney Spears in tabloids and entertainment shows.

Fee: $5 tickets at the door.
Info: 721-8000
phoenix@uvic.ca

WEDNESDAY, MARCH 12

Lecture/Seminar - First Contacts, Second Thoughts: Myth Understanding on the Northwest Coast
4:30 - 5:30 p.m.
David F. Strong Building, C118

Lecturer: John Lutz, History Department, UVic

This talk presents some first contact stories by Indigenous People and Europeans in the 18th-century Pacific Northwest and some of the lessons learned about their continuing importance today, from the CSRS project that resulted in the book Myth and Memory: Stories of Indigenous European Contact.
The speaker will give a 40-minute talk, followed by a discussion.

Fee: Free
Info: Leslie Kenny
721-6695
lakenny@uvic.ca

THURSDAY, MARCH 13

Global Village - Multiculteral Event
10 a.m. - 5 p.m.
Student Union Building, Michele Pujol Room

Global Village is a multicultural event that seeks to celebrate diversity in our community. AIESEC and UVic hope an event like this could serve as an engine for encouraging global-mindedness and the elimination of stereotypes, as well as sparking the interest of visitors to explore cultures and develop a better understanding of those with different backgrounds.

Fee: Free
Info: web.uvic.ca/~gv

LIVE CONCERTS

FRIDAY, MARCH 7

Cancerbats, conversation, UNICRON, Mount Crushmore @ Element
4:30 p.m.

Atomique Productions and Bosevus Productions present: Cancerbats, conversation, UNICRON, Mount Crushmore @ Element. (All Ages)
Tickets at: Lyle's Place, Ditch Records & CDs, Strathcona Hotel, www.ticketweb.ca.

Fee: $11

Cancerbats, Run Like Hell, Jaws @ Lucky Bar
9:00 p.m.

Atomique Productions and Bosevus Productions present: Cancerbats, Run Like Hell, Jaws @ Lucky Bar (No Minors).
Tickets at: Lyle's Place, Ditch Records & CDs, www.ticketweb.ca.

Fee: $11

Boss Hog and the Roadside Warriors, Italian Edition, Limestone, Picnic, acres of lions, secret guests @ Sugar
10 p.m. - 2 a.m., doors at 9 p.m.

Brotherland Productions and Infiniti Studios present: The Second Annual Pop Sensation Birthday Celebration - With appearances by: Boss Hog and the Roadside Warriors, Italian Edition, Limestone, Picnic, acres of lions, secret guests @ Sugar. (No Minors)

Fee: $6

Bloozecan @ Waterwheel Pub
9 p.m.

Bloozecan rocks the Waterwheel again! Good time rockin' blues from Victoria's newest blues party band. (No Minors)

Fee: Free

SATURDAY, MARCH 8

Murph's Pub Standup Comedy @ Vacation Inn
9 p.m.

This Saturday, see impressionist and song parody artist Don Hambley, a man of over 500 voices. Located at 3020 Douglas St., in the Vacation Inn. For reservations call 389-9962.

Fee: Free

SELF INFLICTED, Laying Waste, S.F.A. @ Logan's Pub
10 p.m. - 1 a.m., doors at 9 p.m.

FUCKIN' ROSS BAY and V.I.H.C. present: ROSS BAY'S BARFDAY BASH BOOZE-UP!!!!! SELF INFLICTED, Laying Waste, S.F.A. @ Logan's Pub (No Minors).
Tickets at the door.

Fee: $7

Quick, said the bird; Hierophant, Breaking Point, Apparatus Theory @ The Shop
7 - 11 p.m.

A RIP-ROARING GOOD TIME: quick, said the bird, Hierophant, Breaking Point, Apparatus Theory @ The Shop (All Ages).

Fee: $6

CD Release Concert Jon And Roy, Tequila Mockingbird Orchestra @ Sugar
10 p.m. - 1 a.m., doors open at 9 p.m.

High Tide Entertainment presents: CD Release Concert Jon And Roy, Tequila Mockingbird Orchestra @ Sugar (No Minors).
Tickets at: Lyle's Place (Cash Only, 770 Yates St.) 250-382-8422, online at www.hightideconcerts.net.

Fee: $12 in advance
$15 at the door

Ben, Dave and Dave.... and Matt Blue Mundae, Matthew Christopher Davidson @ The Black Stilt Coffee Lounge
7 - 11 p.m., doors at 2 p.m.

No one in particular presents: Special Evening with Ben, Dave and Dave.... and Matt Blue Mundae, Matthew Christopher Davidson @ The Black Stilt Coffee Lounge (All Ages)
Tickets at the door. All ages show in a licensed venue

Fee: $5

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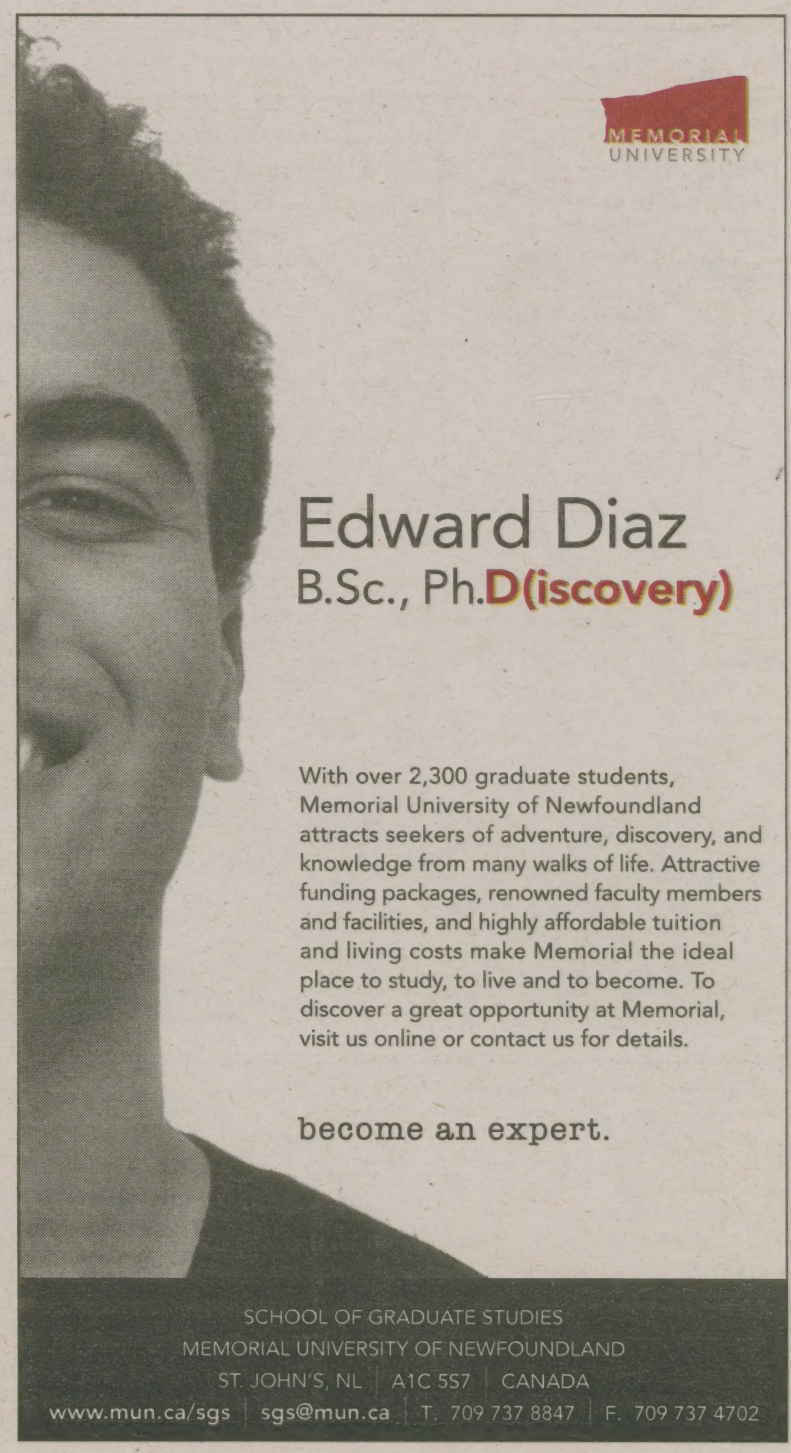
NEED Crisis and Information Line
Training starts April 19th
Next Information Session
Monday, March 17th at 6:30pm
UVic Student Union Building, Room 110B
Call 386-6329 or see web for details
www.needcrisis.bc.ca

Do you have what it takes be a St. John Ambulance Volunteer? We are now recruiting for the First Aid Brigade and the Therapy Dog program. Our Volunteer First Aid Brigade is called out to hundreds of events in the Greater Victoria region every year. Our dedicated members come from all walks of life. What makes them unique is their advanced first aid training and community spirit. If you want to find out more about joining this dynamic group of volunteers call Laurie at 388-5505 X106 at St. John Ambulance. Therapy Dogs: Do you have a cheerful personality and is your dog well mannered? St. John Ambulance is recruiting dogs and their owners for our Therapy Dog volunteer program. To find our more call Laurie at St. John Ambulance at 388-5505 X106.

To submit an event, please email: promo@martlet.ca by Monday

martlet

Are you bored on Tuesdays and multi-talented? Come to the Martlet office (SUB B011) to help. We need copy-editors, designers, gophers and general help.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